

# *Pulmonary Toxicity of (Lung) Cancer Therapies*

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# *Disclosure Statement*

I **will** discuss off label use and/or investigational use of the following drugs/devices:

**Prednisone**

The following relevant financial relationships exist related to my role in this session:

**No relationships to disclosure**



# ***Outline: Treatment Related Pulmonary Toxicity***

## ➤ **Potential Etiologies / Patterns**

1. **Chemotherapy** (docetaxel, gemcitabine, bleomycin)
2. **Targeted therapy** (EGFR inhibitors, mTOR inhibitors, PD-1 and PD-L1 inhibitors)
3. **Radiation therapy**

## ➤ **Diagnosis / Grade of Pneumonitis**

## ➤ **Management**

# *The importance of this challenge*

- Many new therapies being developed / approved
- We must be aware of these therapies and understand their mode of action
- Important to learn to recognize, diagnose and effectively manage their toxicities

# Case 1:

Special Thanks to UCSF Clinical Fellow  
**Alyssa Perez**

# *Case 1*

- 75 M with a history of A-fib s/p ablation, HTN, and metastatic prostate CA on treatment with docetaxel who presents with hypoxemic respiratory failure requiring high flow nasal cannula

# *Case 1*

- Onset of SOB 10 days prior
- Rapidly progressed
- On day of presentation, EMS was called after home O2 sat in the 60s
- In ED, hypoxemic and tachypneic in the 30s, placed on HFNC FiO2 100%, 40LPM



# Case 1

## **PMHx/PSHx:**

1. Metastatic Prostate CA: dx 2006, metastatic in 2013, s/p XRT, anti-hormone agents, pembrolizumab x 2 (last 1/2017), and now on docetaxel
2. HTN
3. A-fib s/p cardioversion,
4. Appendectomy in 2011
5. Laminectomy with fusion in 2013 for metastases

**Family History:** father with prostate CA

**Social History:** never smoker, 1 glass wine nightly, no illicits, no exposures

## **Home Meds:**

1. cholecalciferol
2. omega-3 fish oil
3. Dexamethasone

**Allergies:** none

# *Case 1*

## **EXAM:**

**Vitals:** T: 37.2 HR: 115 BP: 80/60 RR: 30 O2 Sat: 91% (on 100% FiO2)

**General:** increased work of breathing

**CV:** irregularly, irregular, tachycardic, S1, S2, no murmurs

**Resp:** bilateral crackles diffusely

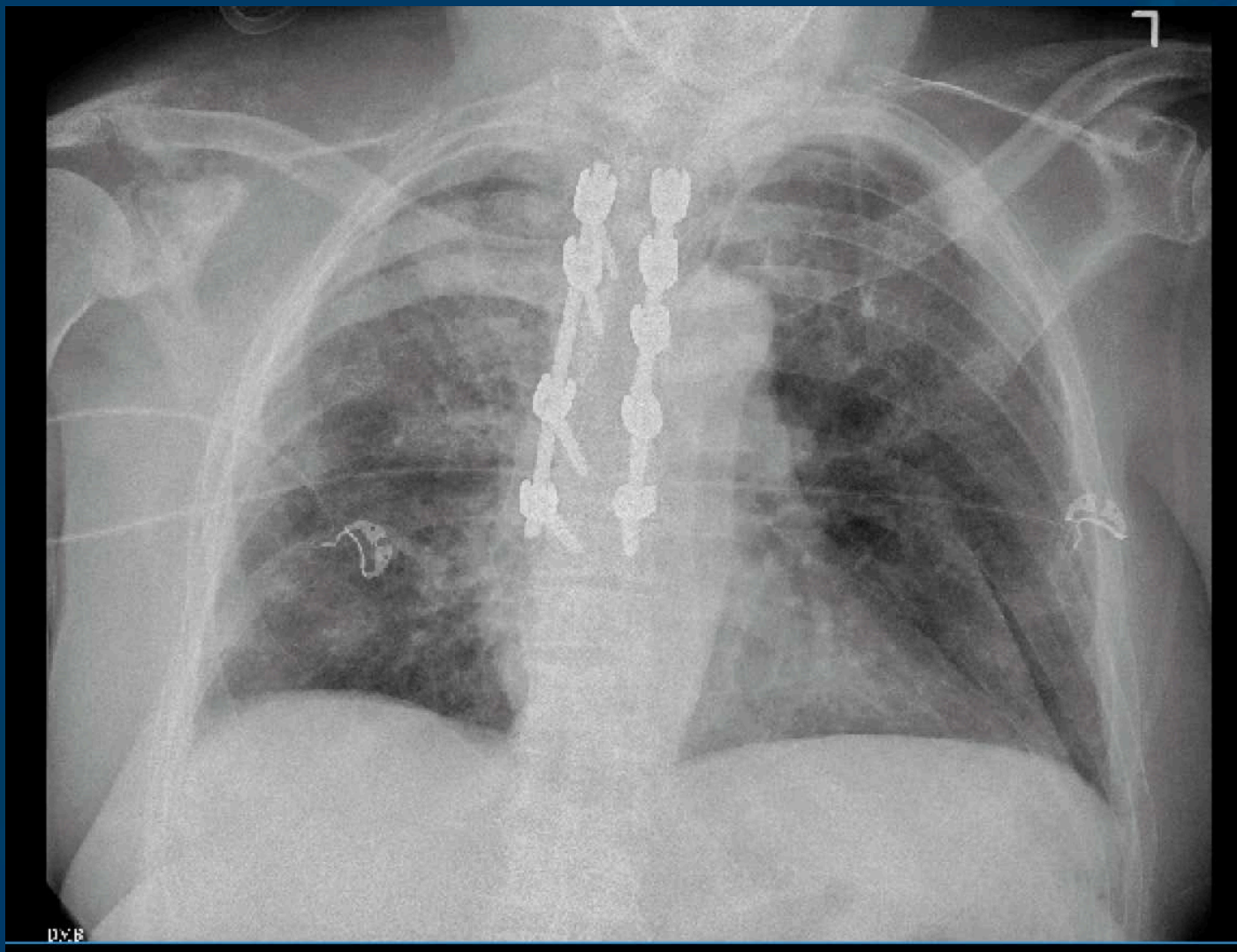
**Ext:** 2+ pitting edema to the mid shin b/l, +DP and TP pulses

# Case 1

## LABS:

BUN	41
Creat	1.13
WBC	4.4
Hgb	7.6
Trop	< 0.04
BNP	484
LDH	382

*Admission  
CXR*



# *Case 1: Hospital course*

## Day 1:

- Started on vancomycin and ertapenem
- Boluses of normal saline → BPs normalized.
- Pan cultured (blood, urine, sputum) & Resp viral panel sent
- Diuresed with lasix

# *Case 1: Hospital course*

## Day 2:

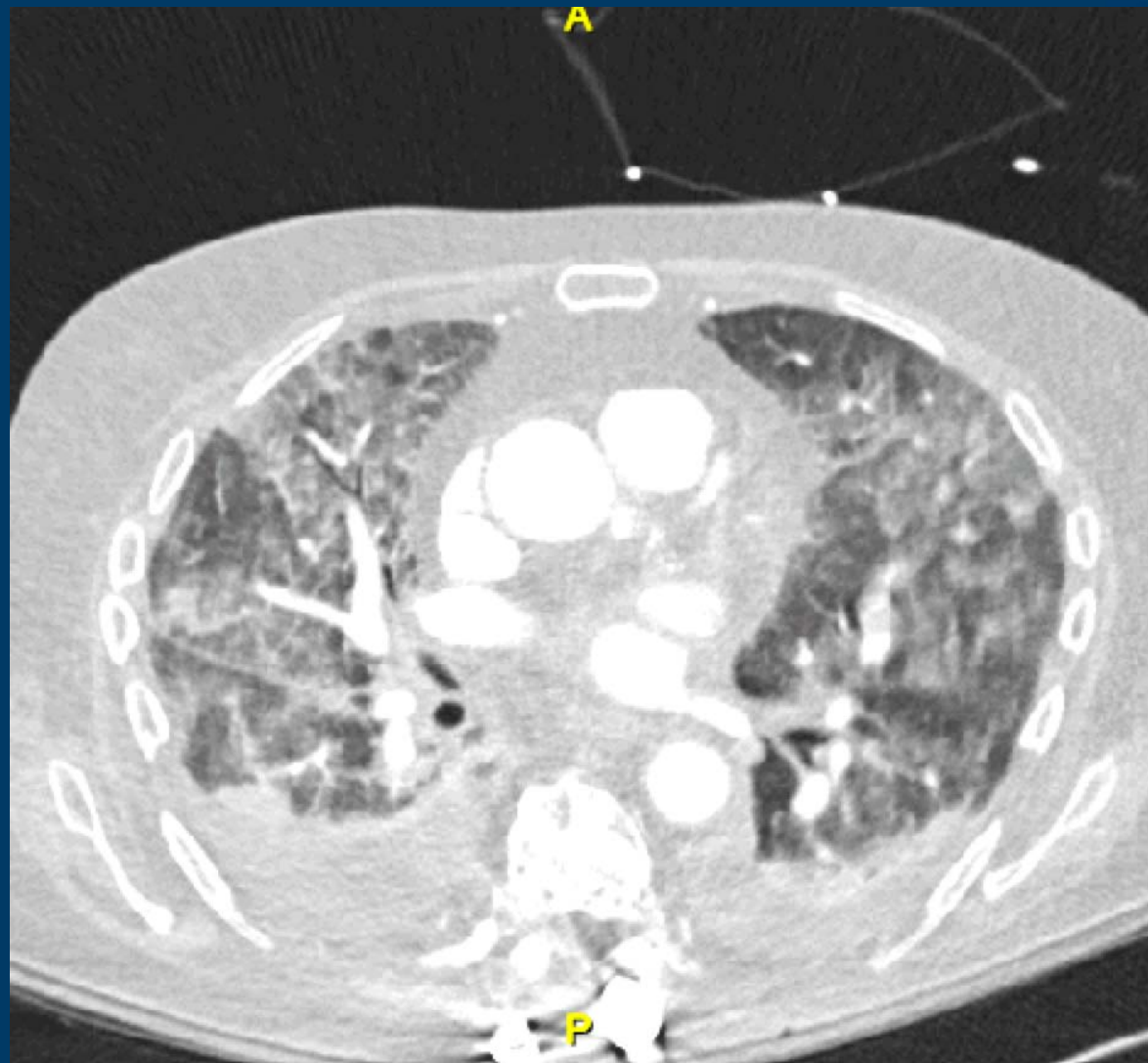
- TTE normal (EF 60%)
- Antibiotics broadened to include pseudomonal and atypical coverage. Diuresis continued.
- Micro: cultures remain NGTD, including Resp viral panel
- Remains afebrile, normotensive. **Continues on HFNC with FiO2 100% on 40L, sats in low 90s**
- CT scan obtained.

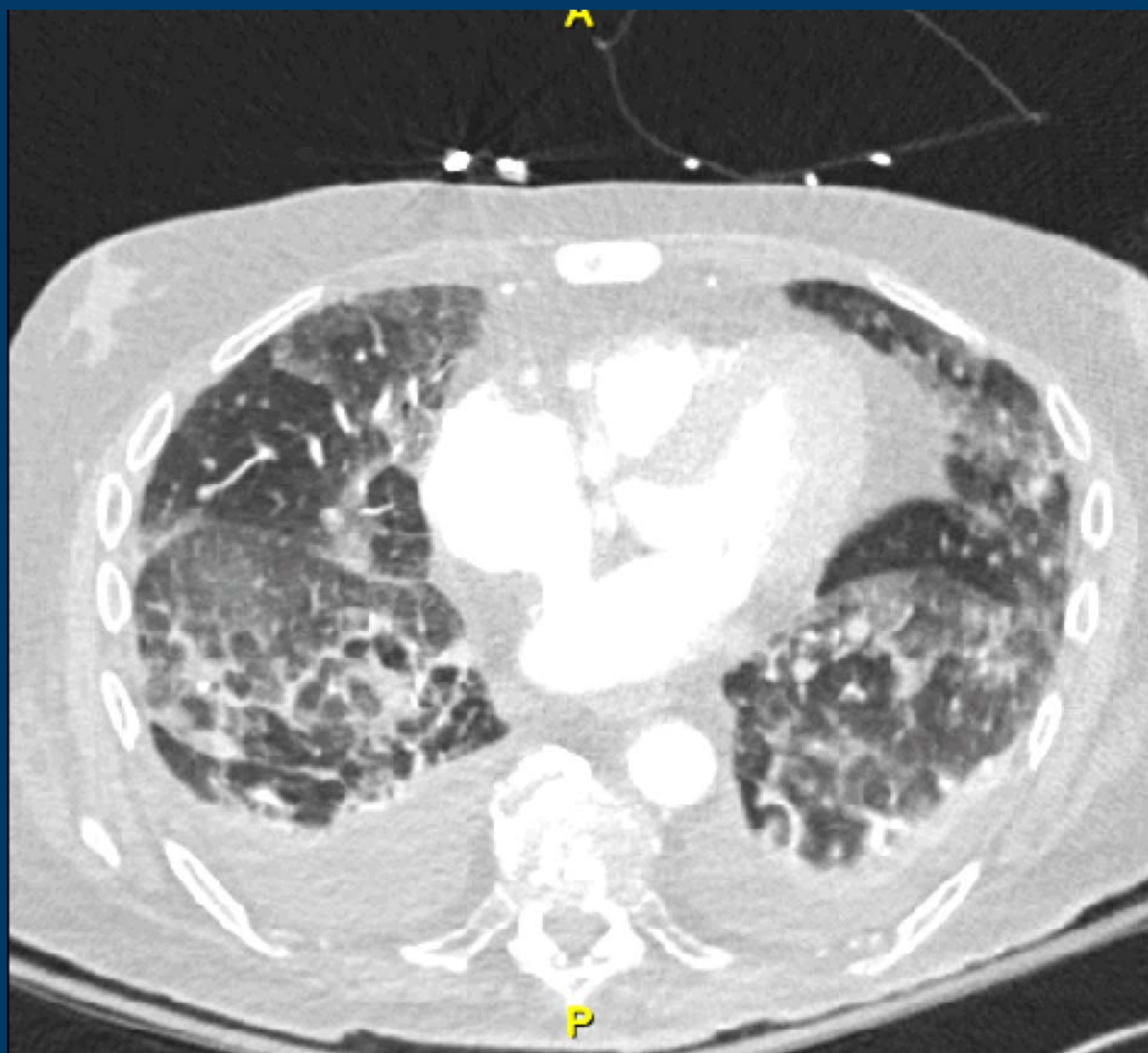


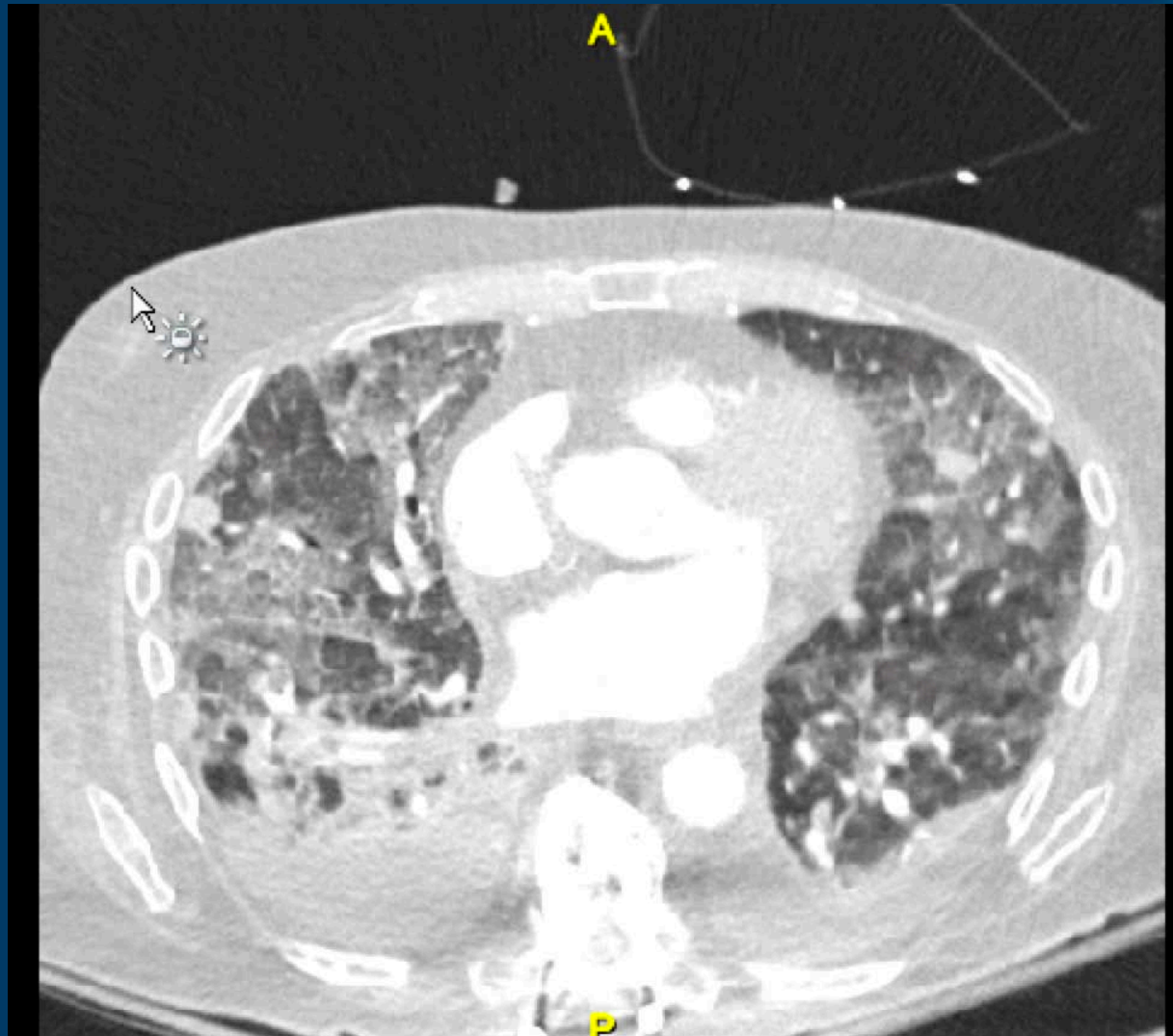


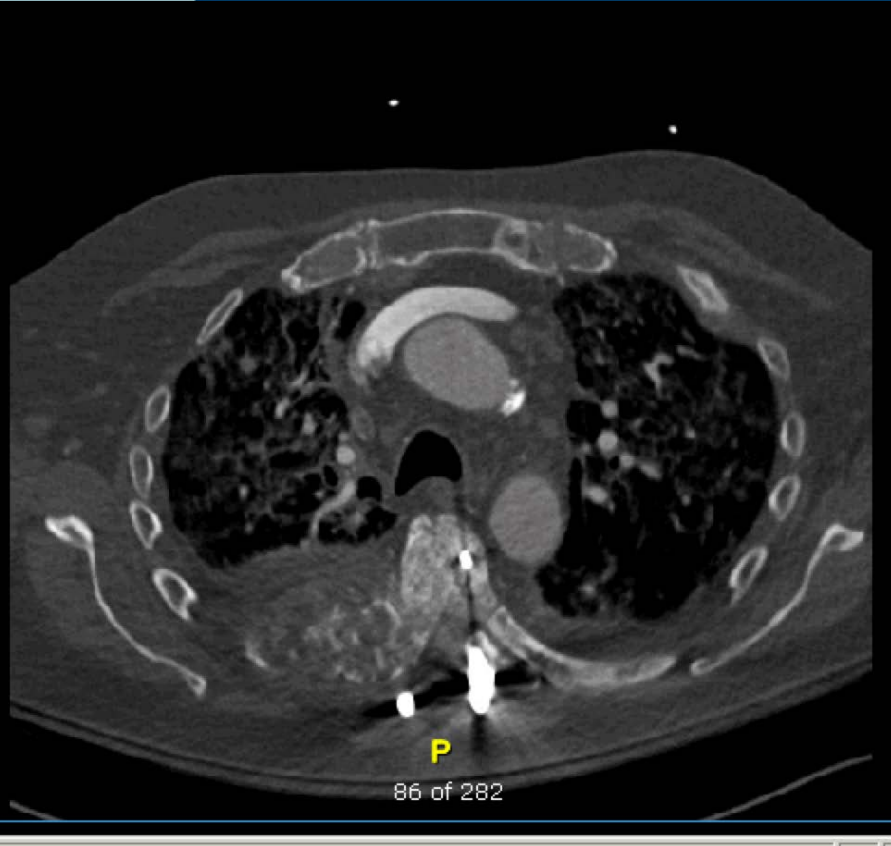






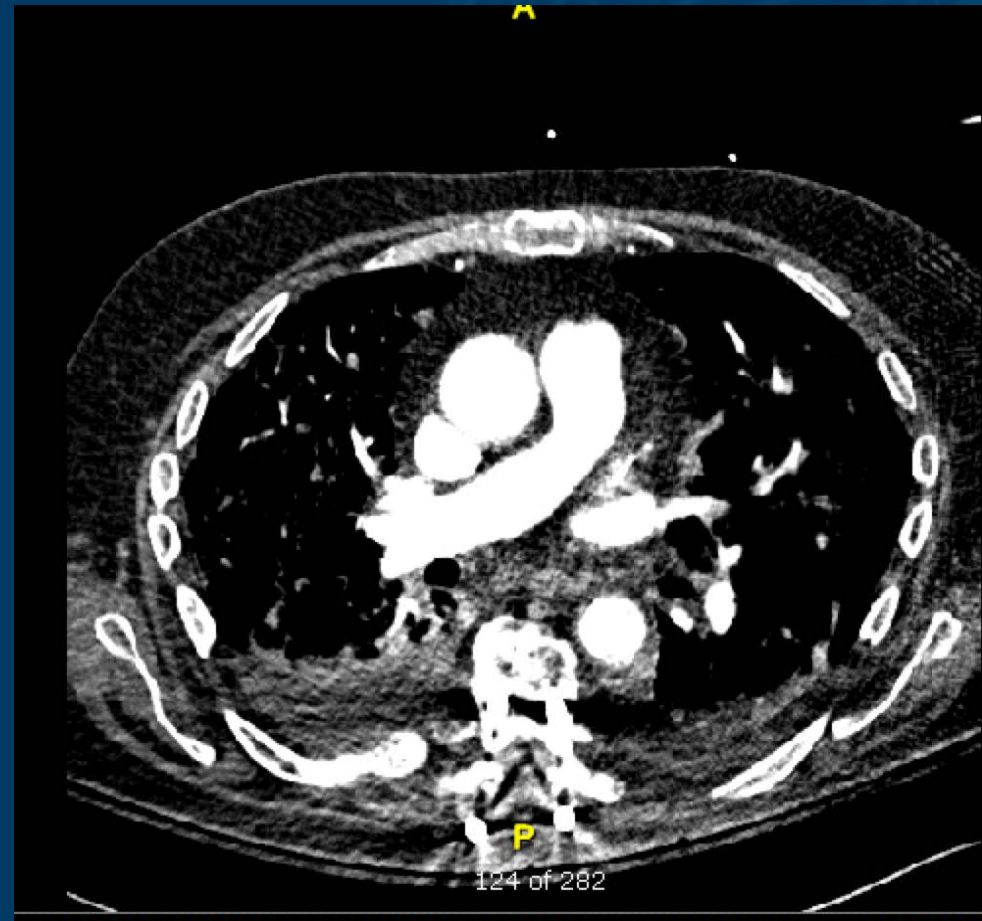






*Bone Window*

*Soft Tissue Window*





## *Case 1*

# Differential diagnosis?

## *Case 1: Hospital course*

➤ **Pulmonary Consulted.**

➤ *Questions*

- **What is the diagnosis?**
- **Could this be Drug (Docetaxel) induced pneumonitis?**
- **Should we give steroids?**

# *Diagnostic algorithm of pneumonitis*

## History/Clinical examination

- Lung co-morbidities
- Type and dose of agent
- Symptoms (Cough, Fever, Dyspnoea, Hypoxia)

# *Drug induced Lung Injury*

- Unknown prevalence, thought to be under recognized globally
- Can be acute, sub-acute, or chronic
- Pathogenesis:
  - Direct damage to pneumocytes
  - Capillary leak syndrome
  - Acute or delayed hypersensitivity reaction

*1. Drug-induced interstitial lung disease: mechanisms and best diagnostic approaches. Matsuno O. Respir Res. 2012;13:39*

*2. Schwarz, Marvin; King, Talmadge. Interstitial Lung Disease, 5<sup>th</sup> Edition. 2011 637-680.*



## *Pre-disposing characteristics*

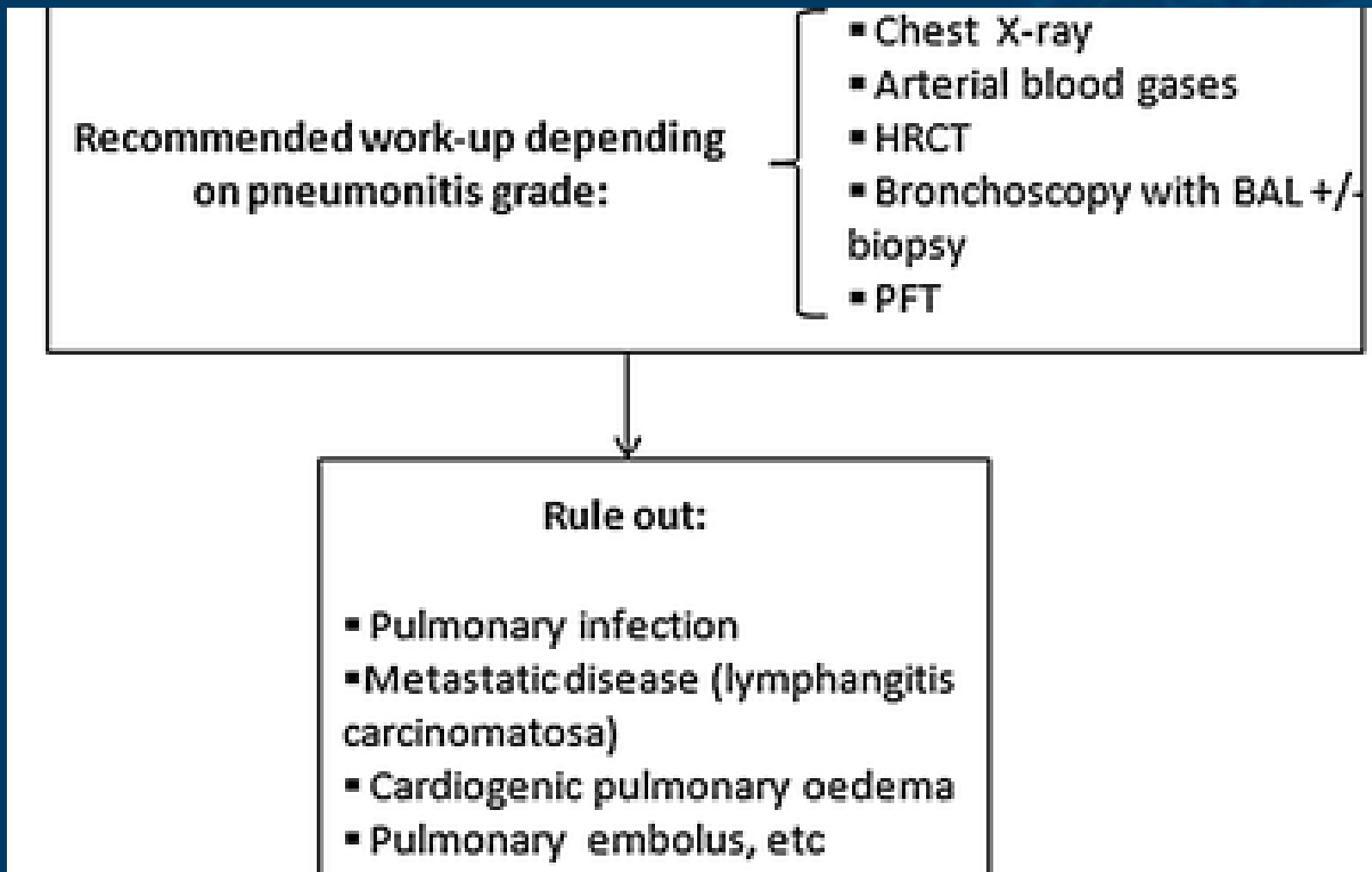
- Receiving prior chemotherapy
- Autoimmune diseases (RA, IBD),
- Extremes of age
- Prior radiation
- Pre-existing lung disease
- Smoking history

# *Histologic patterns*

- ❑ NSIP
- ❑ OP
- ❑ Interstitial granulomas
- ❑ UIP
- ❑ DAH +/- capillaritis
- ❑ DAD
- ❑ PVOD
- ❑ DIP
- ❑ LIP
- ❑ PAP
- ❑ Eosinophilic pneumonia

*Pharmacological Threat to Lungs: A Case Series and Literature Review.*  
*Irfan O, Gilani JA, Irshad A, et al. Cereus. 2017 May; 9(5): e1232*

# *Diagnostic algorithm of pneumonitis*



Omarini, C., Thanopoulou, E. & Johnston, S.R.D. Breast Cancer Res Treat (2014) 146: 245. <https://doi.org/10.1007/s10549-014-3016-5>

# Evaluation of patient with possible Drug Induced Lung Injury

Steps	Comments
<b>PFTs</b>	<ul style="list-style-type: none"> <li>Lung volumes and DLCO (for baseline and monitoring)</li> </ul>
<b>Chest CT scan</b>	<ul style="list-style-type: none"> <li>Exclude other possible diagnoses (tumor progression, pleural effusion, PE)</li> <li>Assess pattern / monitor for change</li> </ul>
<b>Bronchoscopy</b>	<ul style="list-style-type: none"> <li>BAL may be useful to rule out infection (particularly in fever / infection suspected) or to assess the lung inflammation profile</li> <li>TBBx may help to obtain histology, assess for lymphangitic disease</li> </ul>
<b>Diagnostic tests to exclude opportunistic infections</b>	<ul style="list-style-type: none"> <li>Bacterial pneumonia (typical acute lobar pneumonia)</li> <li>Viral pneumonia (Respiratory Viral PCR)</li> <li>Other bacterial infections (including <i>Legionella</i> infection, particularly in hospitalized patients)</li> <li>Invasive fungal infections (e.g., <i>Pneumocystis jiroveci</i>, <i>Pneumocystis carinii</i> infection, Aspergillosis)</li> </ul>
<b>Consider other causes</b>	<ul style="list-style-type: none"> <li>Pulmonary edema / Heart failure</li> </ul>

# *Back to Case 1...*

## Day 2 continued:

- All micro data NGTD including blood, sputum, urine, and RVP
- Not improving despite diuresis and Echo did not suggest heart failure
- Bronchoscopy considered but deferred given oxygen requirement and DNR/DNI status

# Drug induced Lung Injury

## Chemotherapeutic Agents

- Bleomycin
- Bortezomib
- Busulfan
- Carmustine
- Chlorambucil
- Colony-stimulating factors
- Cyclophosphamide
- Cytarabine
- Deferoxamine
- Docetaxel
- Doxorubicin
- Erlotinib
- Etoposide
- Fludarabine

## *Radiologic and Pathologic Findings with Docetaxel Induced Lung Injury:*

- Acute ILD
- Subacute ILD
- Transient Infiltrates
- Pulmonary Edema
- ARDS
- DAH
- DAD

Schwarz, Marvin; King, Talmadge. *Interstitial Lung Disease*, 5<sup>th</sup> Edition.  
2011 637-680.

*Matsuno O. Drug-induced interstitial lung disease: mechanisms and best diagnostic approaches. Respir Res. 2012;13:39*

# ***Docetaxel induced pneumonitis***

**Docetaxel** = taxane used to treat solid tumors

Proposed Mechanisms of Injury:

- **Acute: Type 1 Hypersensitivity reaction**
  - Dyspnea, bronchospasm, hypotension
  - Incidence is 30% of patients; decreases to 1-3% of patients with steroid pre-medication
- **Acute-Subacute: Type IV Hypersensitivity reaction**
  - Few hours to 2 weeks
  - Characterized by bilateral pulmonary opacities

*Grande, C; Villanueva, MJ; Huidobro, G, et al. Docetaxel-induced interstitial pneumonitis following non-small cell lung cancer treatment. Clin Transl Oncol (2007) 9:578-581.*



# ***Docetaxel induced pneumonitis***

## ***Acute-Subacute: Type IV Hypersensitivity reaction***

- Presents as insidious onset
- Symptoms: dyspnea, malaise, chest pain, cough, and fever
- Also associated with edematous state: edema and pleural effusions
- Imaging generally shows bilateral pulmonary infiltrates
  - Most common pattern = NSIP, DAD, pleural effusions

1. Charpidou, AG; Gkiozos, I; Tsimpoukis, S, et al. *Therapy-induced Toxicity of the Lungs: An Overview. Anticancer Research Feb 2009 vol. no. 2 631-639.*
2. Grande, C; Villanueva, MJ; Huidobro, G, et al. *Docetaxel-induced interstitial pneumonitis following non-small cell lung cancer treatment. Clin Transl Oncol (2007) 9:578-581.*



# *Docetaxel induced pneumonitis*

- Factors that increase likelihood of developing severe pneumonitis:
  - Schedule > Dose
  - Combination therapy with gemcitabine
  - Radiation treatment
  
- A 2012 retrospective study found increased incidence of pneumonitis in patients with NSCLC treated with docetaxel who had baseline pulmonary dysfunction
  - 25.9% vs 4.6% general incidence
  - Recommended against the use of docetaxel in patients with pre-existing lung disease

1. Charpidou, AG; Gkiozos, I; Tsimpoukis, S, et al. *Therapy-induced Toxicity of the Lungs: An Overview. Anticancer Research Feb 2009 vol. no. 2 631-639.*
2. Grande, C; Villanueva, MJ; Huidobro, G, et al. *Docetaxel-induced interstitial pneumonitis following non-small cell lung cancer treatment. Clin Transl Oncol (2007) 9:578-581.*

# *Docetaxel induced pneumonitis*

- Thought to be a steroid responsive process but case reports range from steroid responsive pneumonitis to steroid unresponsive pneumonitis to development of fibrosis
- General recommendation is prompt treatment with steroids
  - No consensus on dose

1. Pankowska-Supryn, M; Zaleska, M; Roszowska-Sliz, B, et al. *Interstitial lung disease associated with docetaxel in a patient treated for breast cancer – a case report.* *Pneumonol Alergol Pol* 2015; 83: 378-382
2. Genestreti, G; Battista, M; Trisolini, R. *A Commentary on interstitial pneumonitis induced by docetaxel: clinical cases and systematic review of the literature.* *Tumori Journal*. Vol. 100 Issue 3, May-Jun 2015, pp249-346
3. Tamiya, A; Naito, T; Miura, S, et al. *Interstitial Lung Disease Associated with Docetaxel in Patients with Advanced Non-small cell Lung Cancer.* *Anticancer Research* 32: 1103-1106 (2012).
4. Ochoa, R; Bejarano PA; Gluck, S, et al. *Pneumonitis and pulmonary fibrosis in a patient receiving adjuvant docetaxel and cyclophosphamide for stage 3 breast CA: a case report and literature review.*

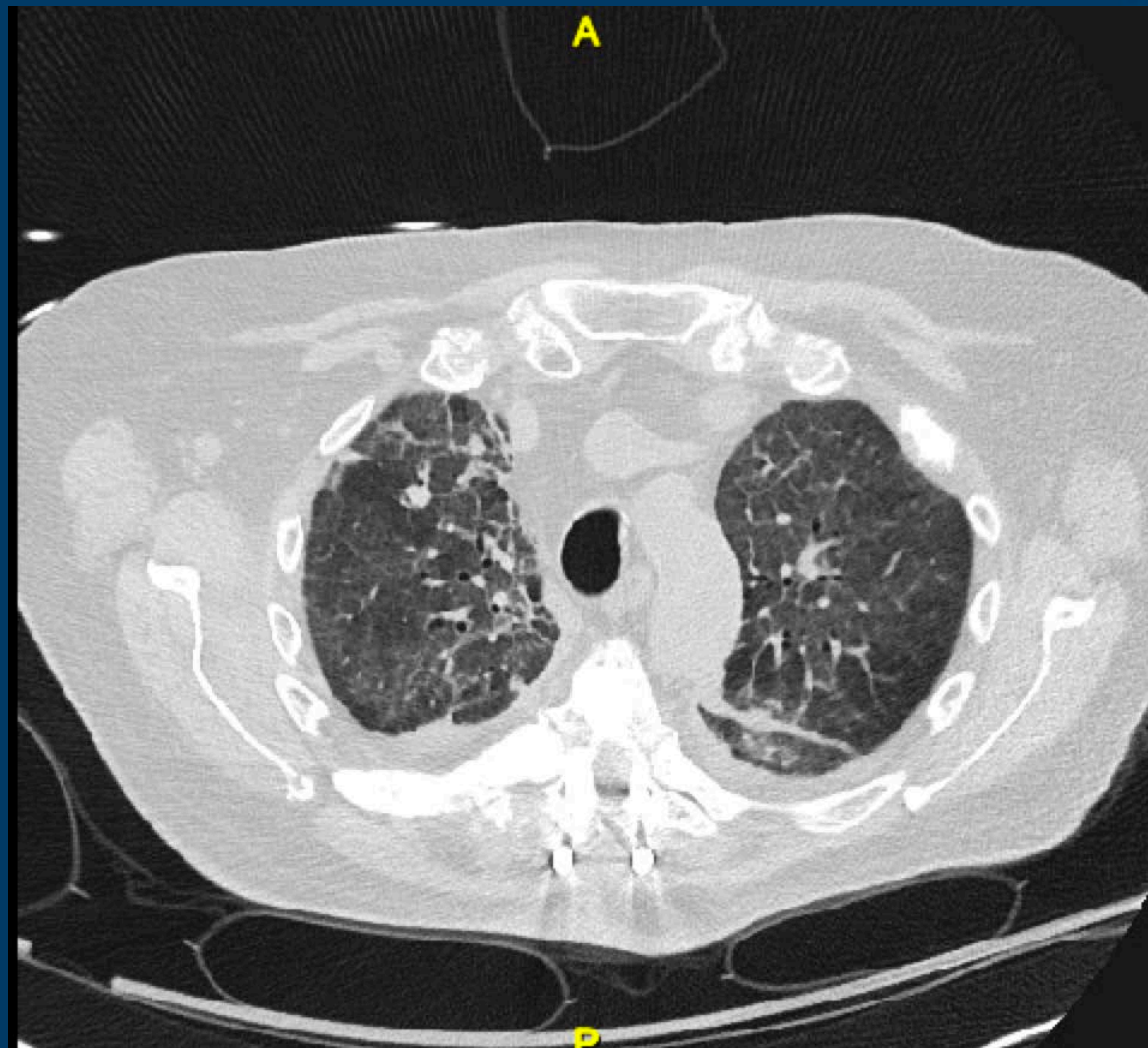
# *Case 1: Hospital course*

## Day 3:

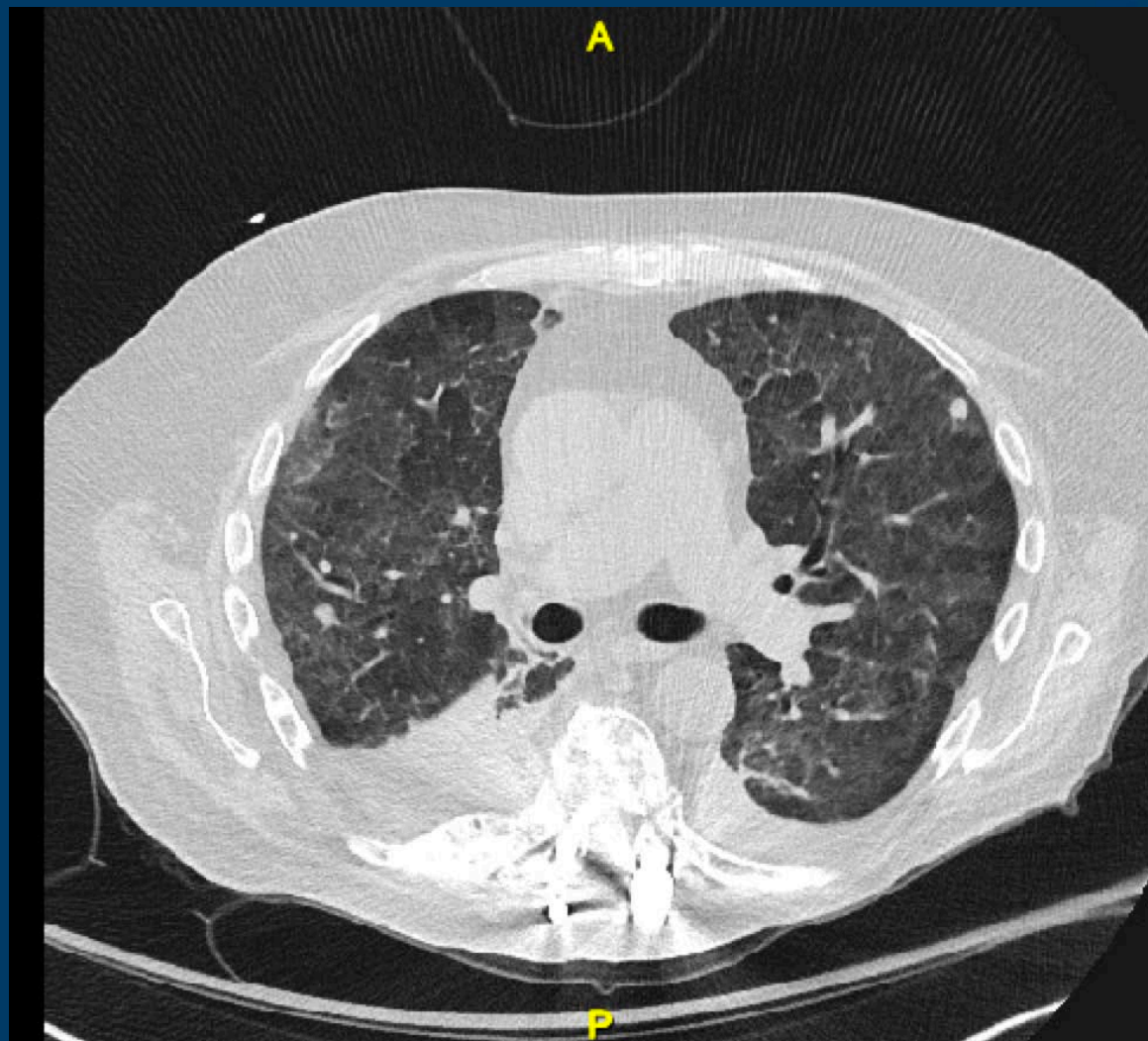
- Started on methylprednisolone 125 mg IV Q6 hours
- Patient subjectively feels improved

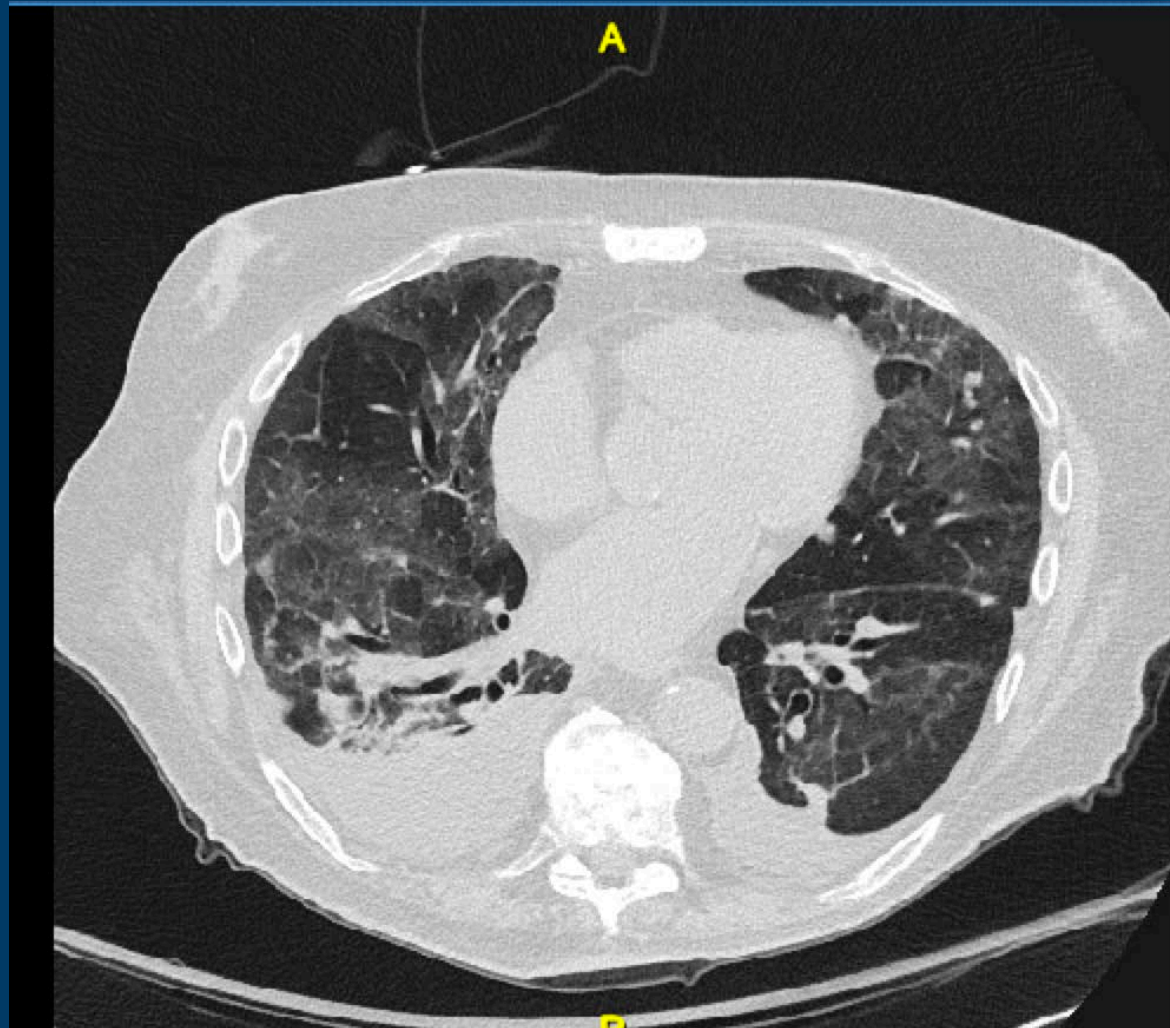
## Day 4:

- Improvement in oxygen requirement to 50% FiO2 40L HFNC
- Patient continues to feel better, no longer tachypneic at rest
- Chest CT repeated









# *Case 1: Hospital course*

## Day 5:

- Ongoing improvement, down to 6L NC
- Steroids changed to prednisone 40 mg PO daily

## Day 6:

- Discharged home
- Plan for slow taper of prednisone

## *Take away points*

- Need to consider drug induced lung injury in patients on chemotherapy
- Docetaxel is a rare but well-associated cause of pneumonitis, most commonly presenting with subacute dyspnea and bilateral ground glass opacities
  - Treatment is prompt initiation of steroids, 0.5-0.7 mg/kg prednisone likely sufficient
- Consider avoiding docetaxel in patients with pre-existing lung disease



# Case 2:

## *Case 2*

- n **67 y.o. man** with metastatic Prostate Cancer (bone, testes, brain). Initially diagnosed in 2005, s/p multiple treatments. Referred to pulmonary for complaints of dyspnea on exertion, dry cough x 3 weeks and an abnormal chest CT scan.
- n SpO2 at rest 96% on RA

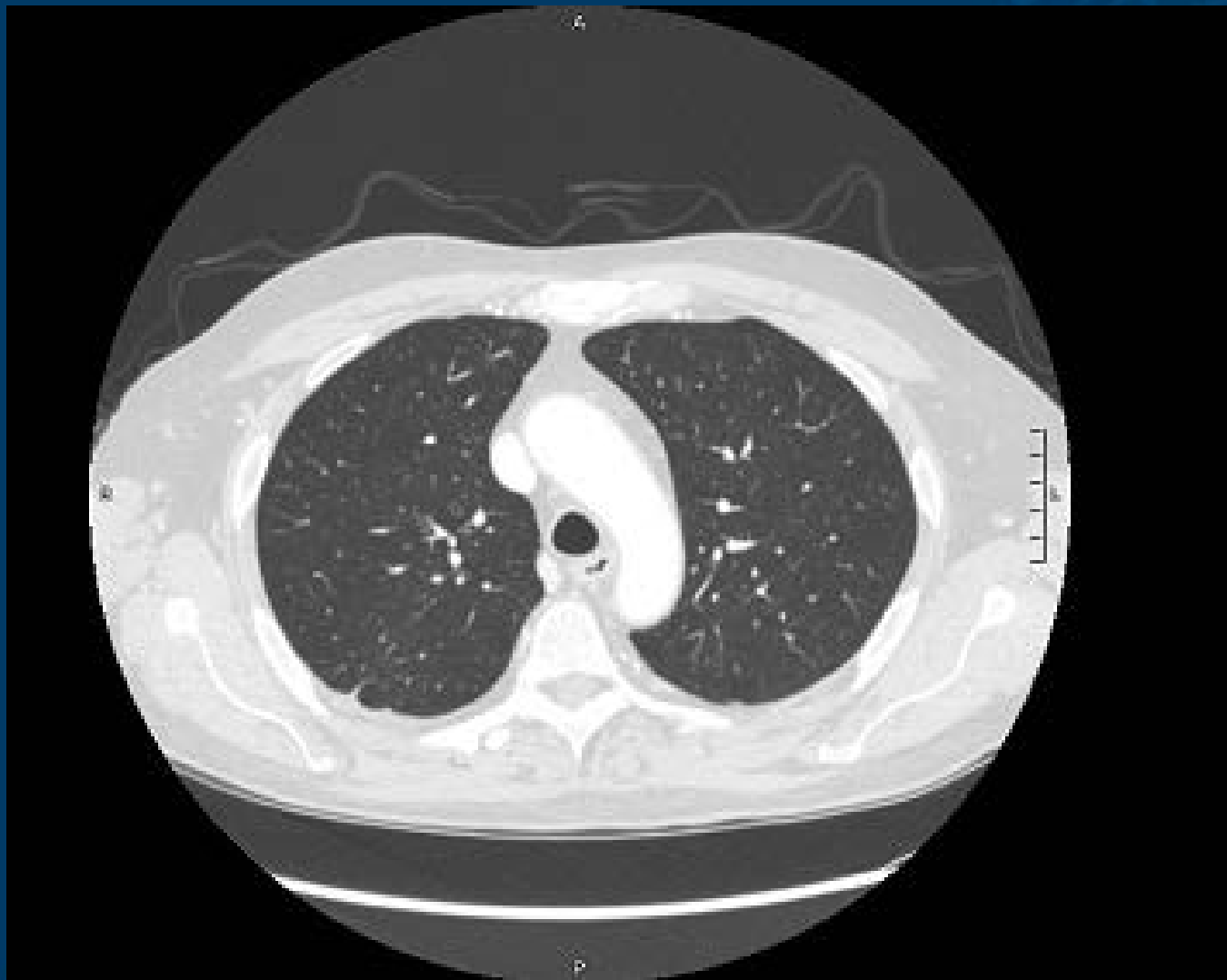
## *Case 2 – What is your differential diagnosis?*

- n Metastases to lung
- n Pulmonary emboli
- n Infections
- n Pulmonary edema
- n Pneumonitis due to drugs or RT

## *Case 2 Baseline in 3/2017*



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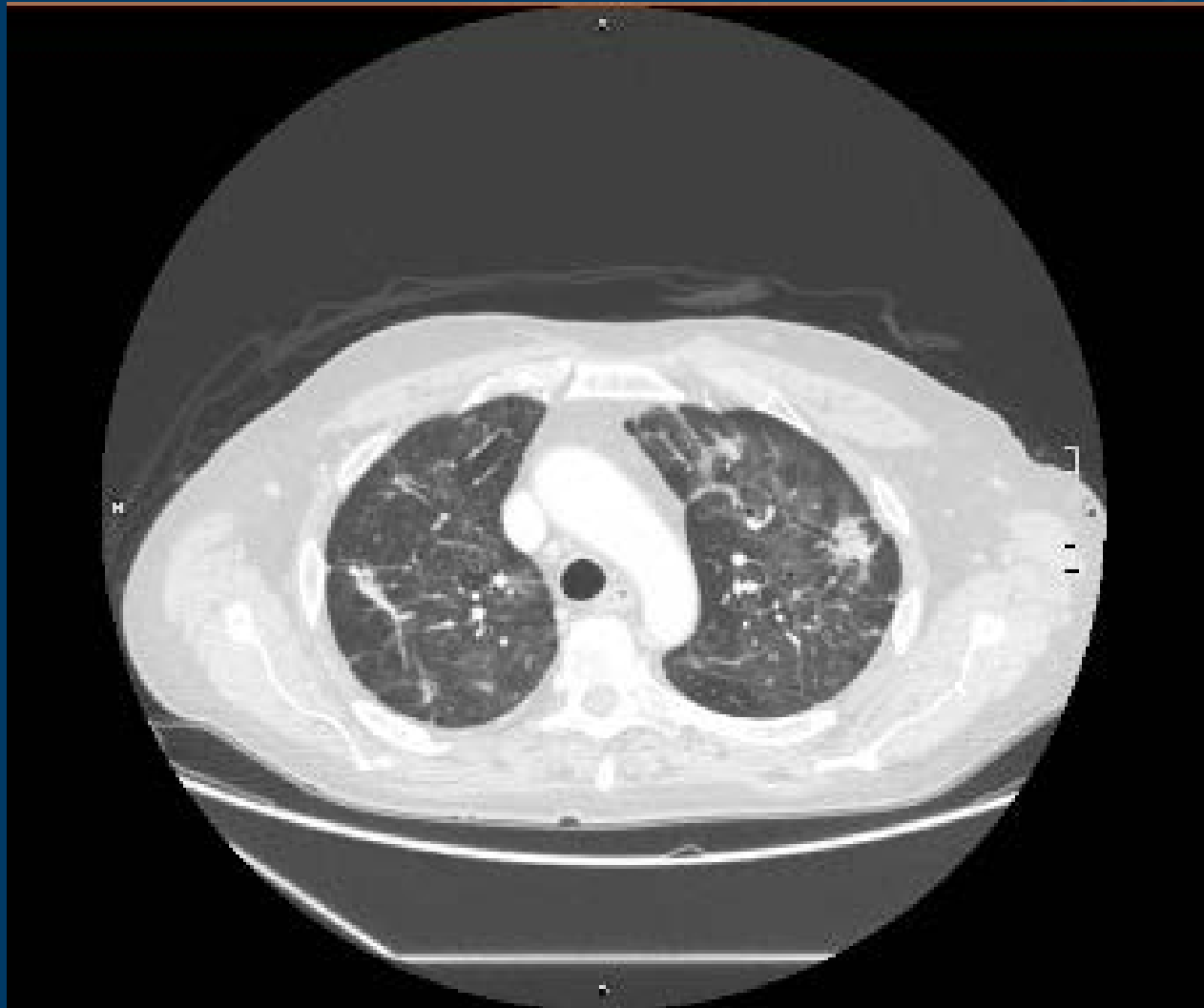




## *Case 2 in 9/2017*



## *Case 2 in 9/2017*



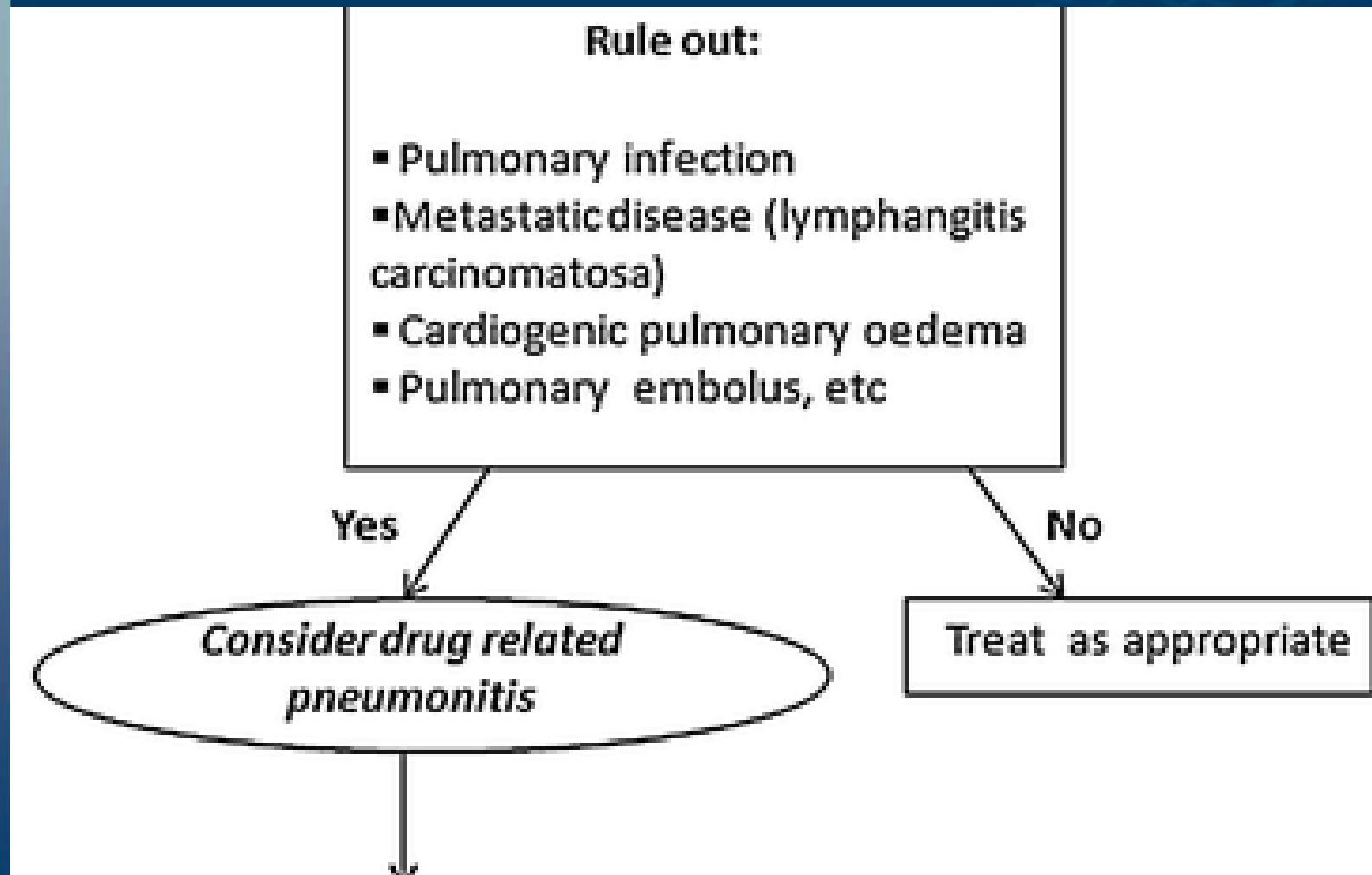
## *Case 2 in 9/2017*



## *Case 2*

- Treated with XRT and adjuvant **docetaxel** (completed 12/2007)
- 2 years on **Goserelin** (LHRH analogues) and **Bicalutamide** (antiandrogens) until 2009
- Multifocal symptomatic brain mets s/p CK
- **Carboplatin/taxotere** → 11/2016 – 1/2017
- New brain mets s/p CK
- Started on **pembrolizumab** in 3/2017

# *Diagnostic algorithm of pneumonitis*



*So lets consider these newer targeted agents?*

1. **TKIs: EGFR**
2. **mTOR inhibitors**
3. **PD-1 and PD-L1 inhibitors**



## *TKIs and ILD*

- 1<sup>st</sup> case reported in 2003 in Lancet – Gefitinib
- Multiple reports since then

	<b>DAD</b>	<b>BO</b>	<b>COP</b>	<b>HP</b>	<b>IP</b>
<b>Gefitinib</b>	<b>+ +</b>			<b>+</b>	<b>+</b>
<b>Erlotinib</b>		<b>+</b>	<b>+</b>	<b>+</b>	
<b>Sorofenib</b>		<b>+</b>	<b>+</b>		<b>+</b>

Min, J.H., Lee, H.Y., Lim, H. et al. Cancer Chemother Pharmacol (2011) 68: 1099.

# *mTOR inhibitors*

- Sirolimus
- Everolimus
- Temsirolimus

# ***PD-1***

## **Anti-PD-1 monoclonal antibodies**

- Nivolumab
- Pembrolizumab (previously lambrolizumab)
- Pidilizumab

## **Anti-PD-L1 mAbs**

- Durvalumab
- Atezolizumab

## *PD-1 and PD-L1 mAbs*

Toxicities with anti-PD-1/PD-L1 mAbs appear to be less common and less severe

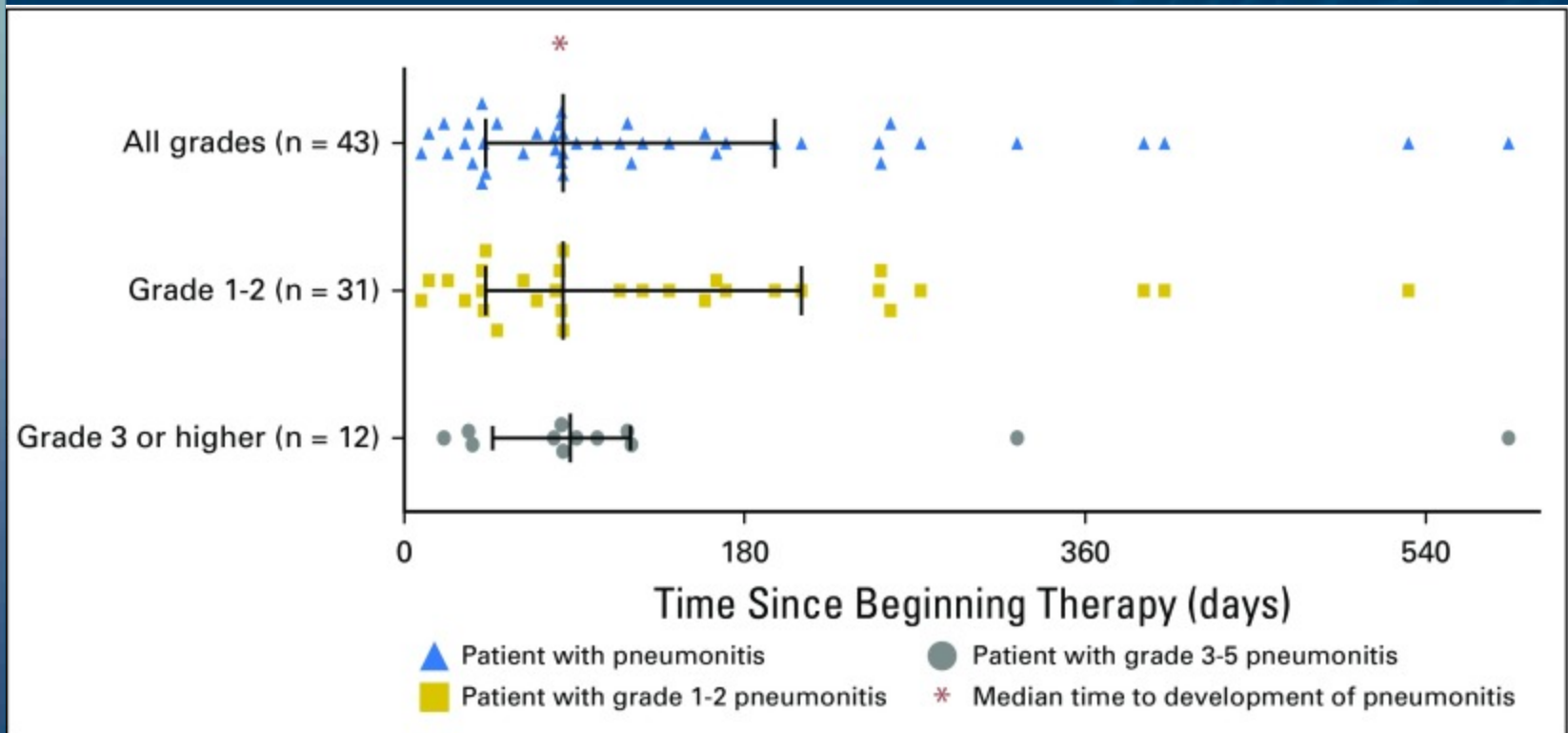
7% to 12% in patients receiving single-agent anti-PD-1/PD-L1 mAbs

# ***PD-1 and PD-L1 mAbs***

## **Adverse events of anti-PD-1/PD-L1 therapy**

- **Fatigue**
- **Pyrexia, chills, infusion reactions**
- **Skin rash** (maculopapular, papulopustular, Sweet's syndrome, follicular, or urticarial dermatitis)
- **Diarrhea/colitis**
- **Endocrine toxicities** (hypophysitis, hypothyroidism, hyperthyroidism, thyroiditis, and adrenal insufficiency)
- **Hepatic toxicities** (elevations in AST and ALT levels)
- **Pneumonitis**

# *Time to development of pneumonitis after starting PD-1 or PD-L1 inhibitor*






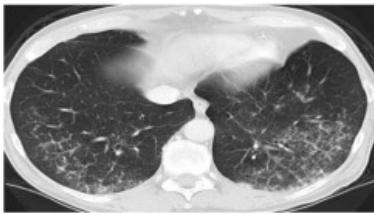

*J Clin Oncol.* 2017 Mar 1; 35(7): 709-717.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5559901/>

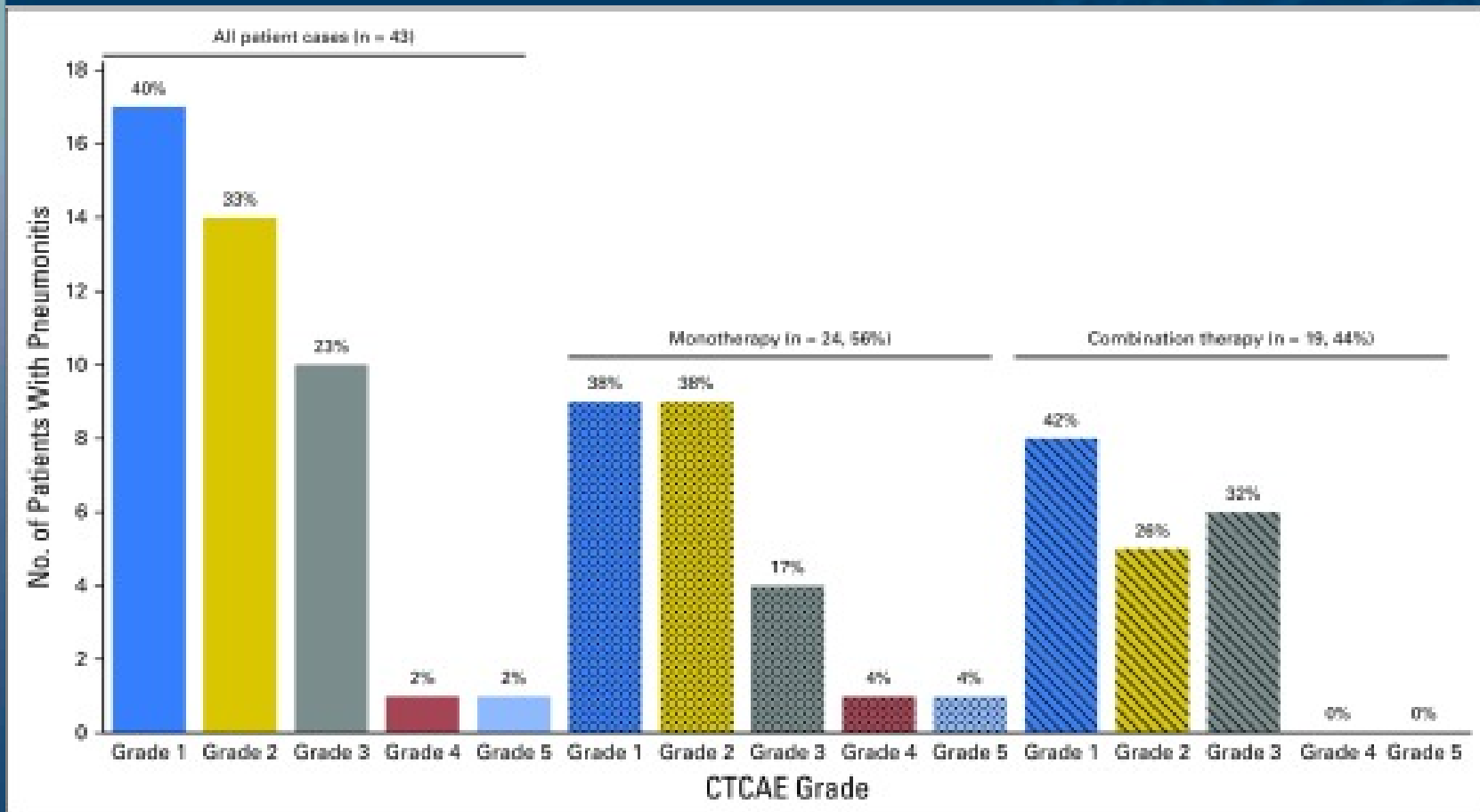
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# Radiographic pattern of pneumonitis on PD-1 or PD-L1

Radiologic Subtypes	Representative Image	Description
<b>Cryptogenic organizing pneumonia-like</b> (n = 5, 19%)		Discrete patchy or confluent consolidation with or without air bronchograms Predominantly peripheral or subpleural distribution
<b>Ground glass opacities</b> (n = 10, 37%)		Discrete focal areas of increased attenuation Preserved bronchovascular markings
<b>Interstitial</b> (n = 6, 22%)		Increased interstitial markings, interlobular septal thickening Peribronchovascular infiltration, subpleural reticulation Honeycomb pattern in severe patient cases
<b>Hypersensitivity</b> (n = 2, 7%)		Centrilobular nodules Bronchiolitis-like appearance Tree-in-bud micronodularity
<b>Pneumonitis not otherwise specified</b> (n = 4, 15%)		Mixture of nodular and other subtypes Not clearly fitting into other subtype classifications

# Grade of pneumonitis on PD-1 or PD-L1 inhibitor

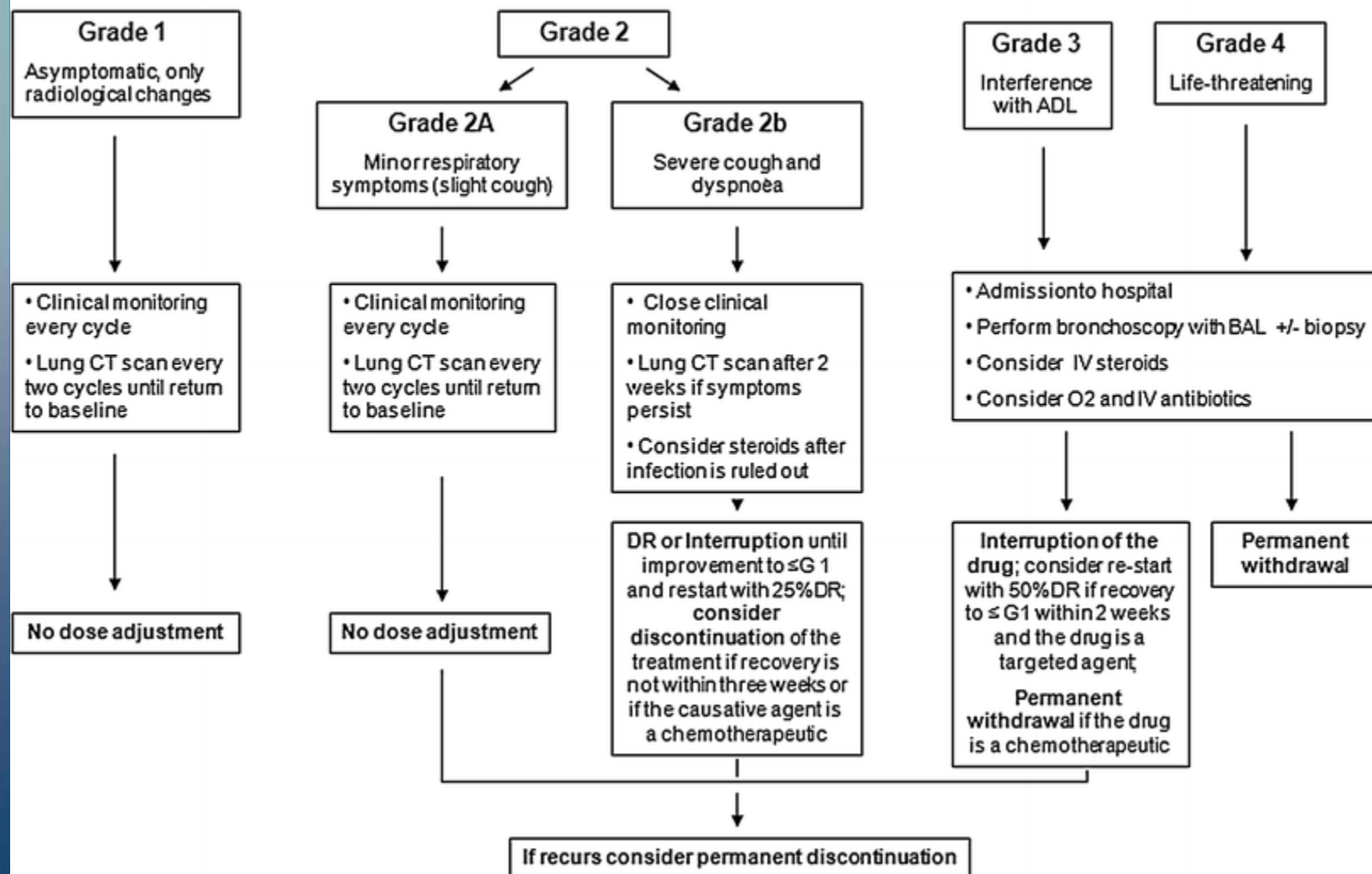


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<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5559901/>

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## Clinical algorithm of drug-induced pneumonitis/pulmonary fibrosis

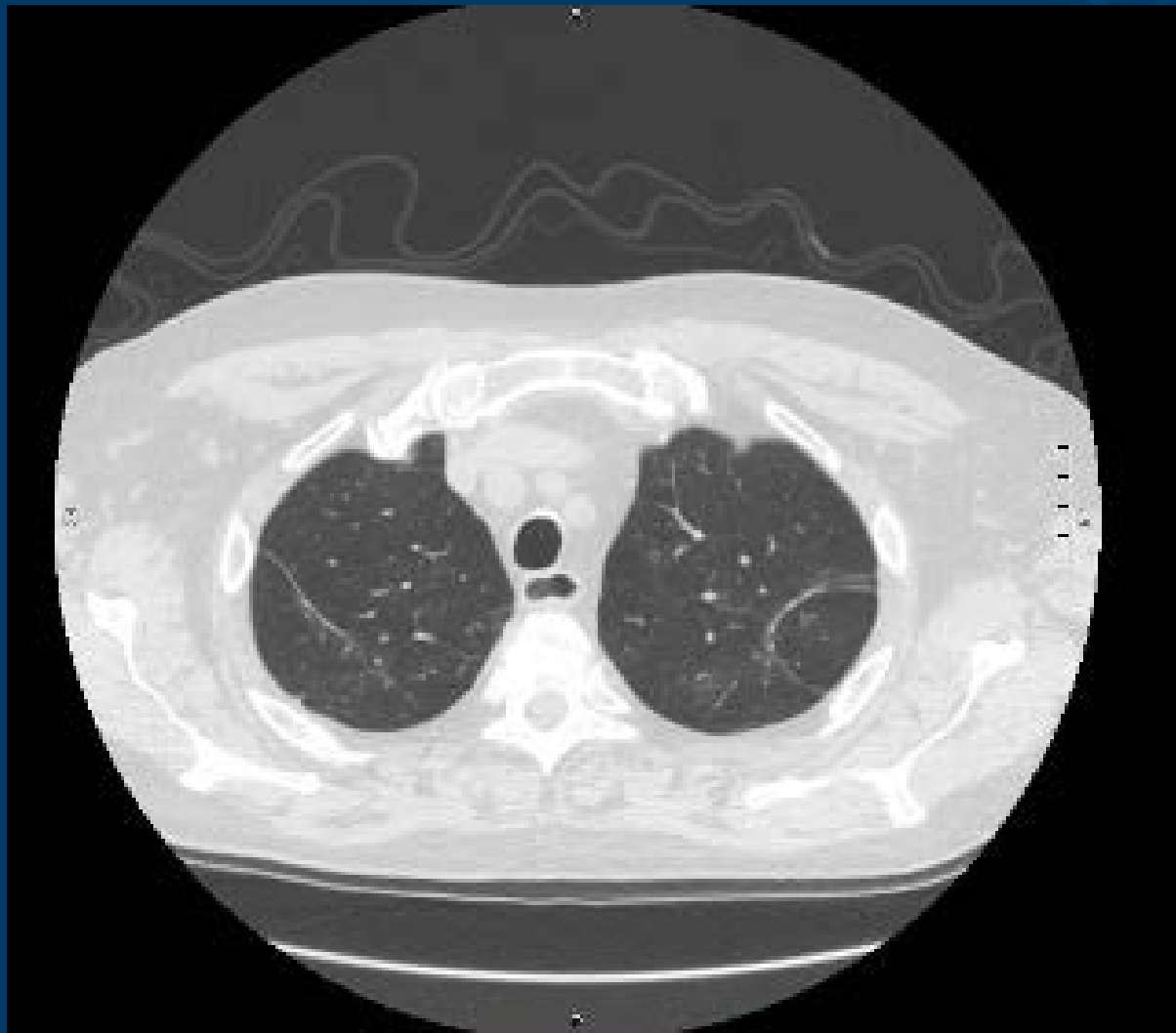


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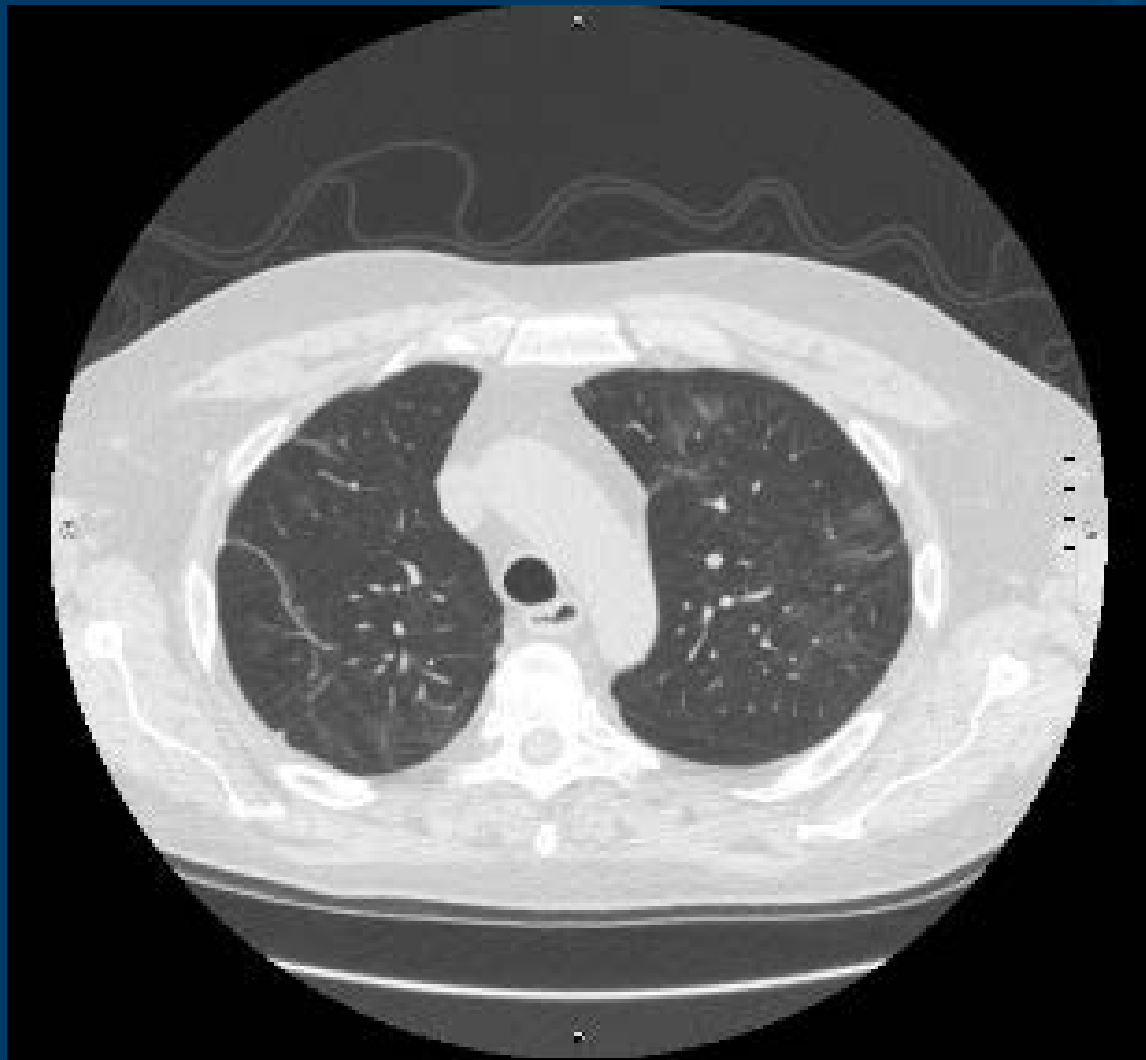
## *Case 2 – Follow up*

- Treated with **Prednisone** – initially 70 mg (1 mg / kg) daily and slowly tapered over 4 months
- 1/2018 **pembrolizumab** restarted

## *Case 2 – October 2017*

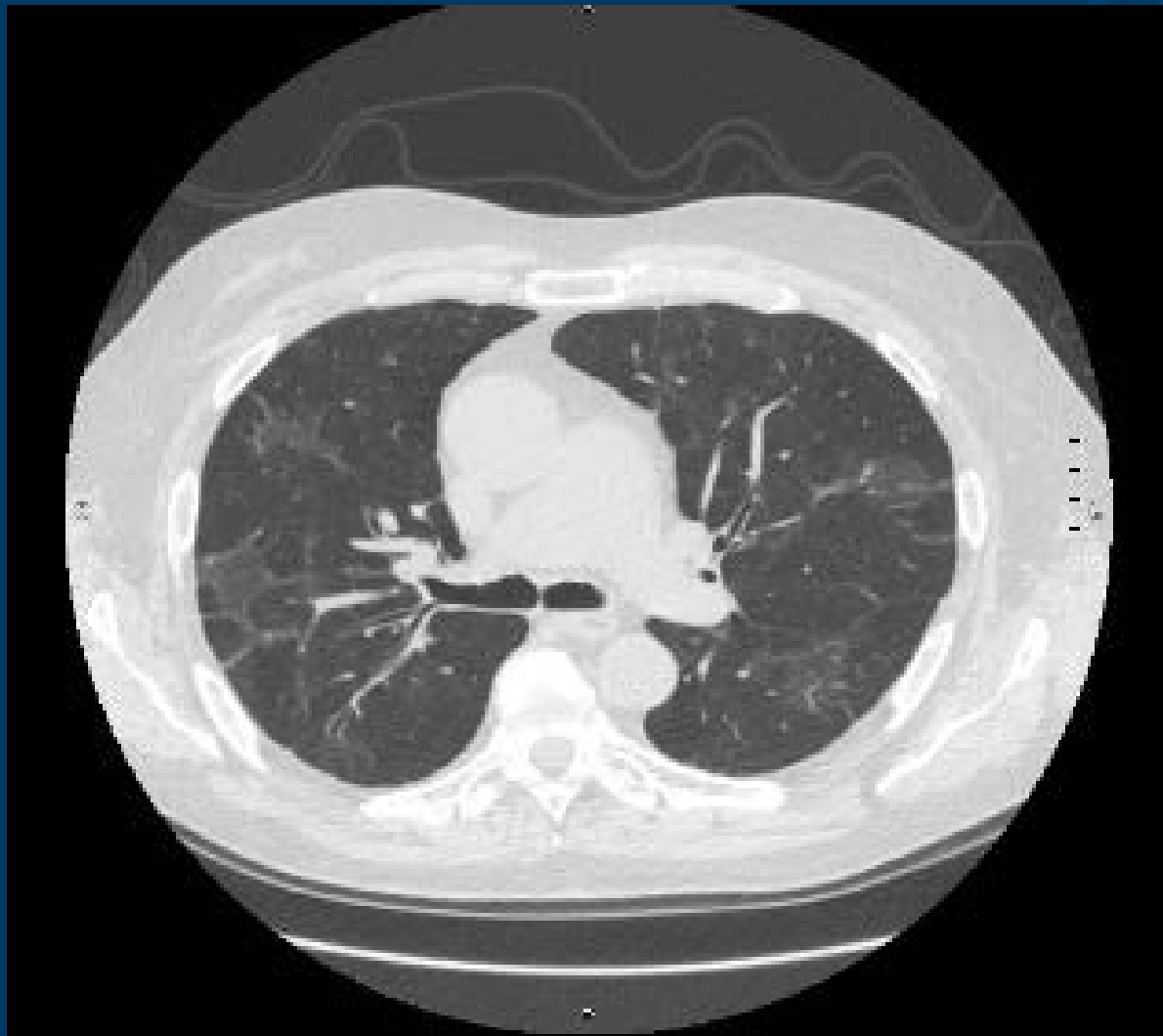


## *Case 2 – October 2017*

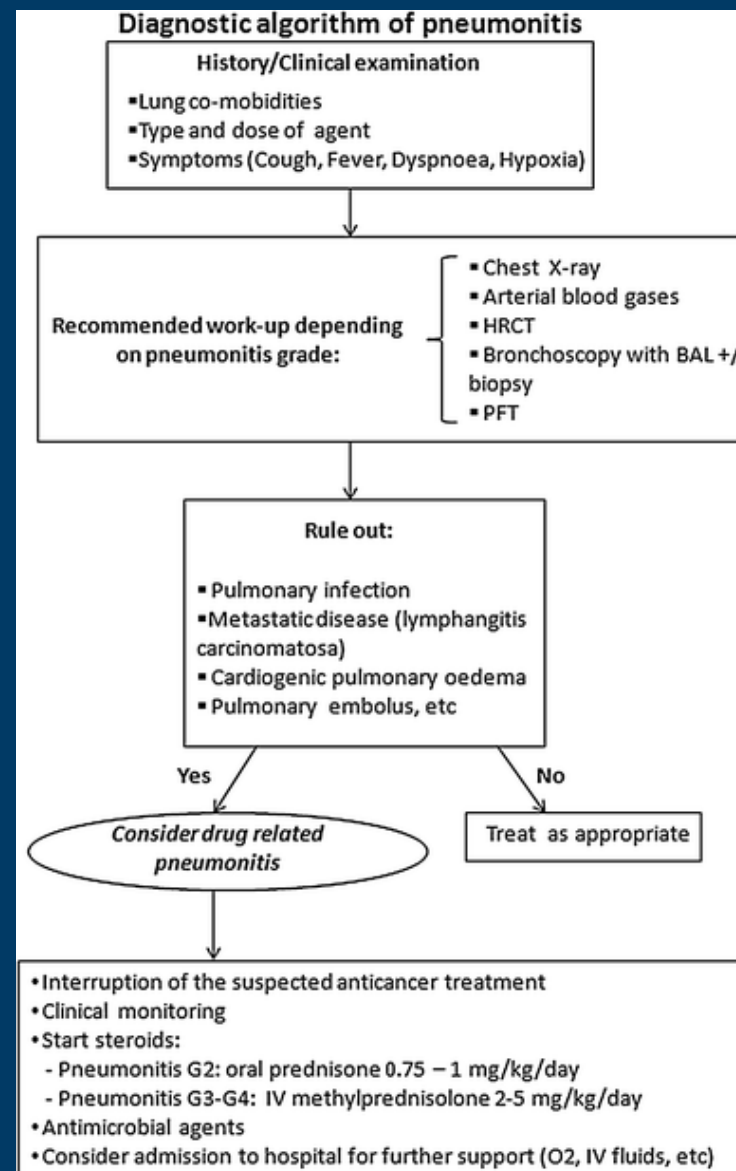




## *Case 2 – October 2017*



# Take Home Points from Diagnosis / Management of Drug Induced Pneumonitis



## *A question for you...*

54 year old woman who has been responding to treatment with pembrolizumab for lung cancer now develops Grade 1 drug induced pneumonitis. *Which of the following is the most appropriate recommendation?*

- A. Stop pembrolizumab permanently
- B. Hold pembrolizumab. If symptoms imaging improves within 1 week, resume therapy.
- C. Continue pembrolizumab with 50% dose reduction.
- D. No dose adjustment if needed. Continue to monitor clinically and with repeat chest CT scans.

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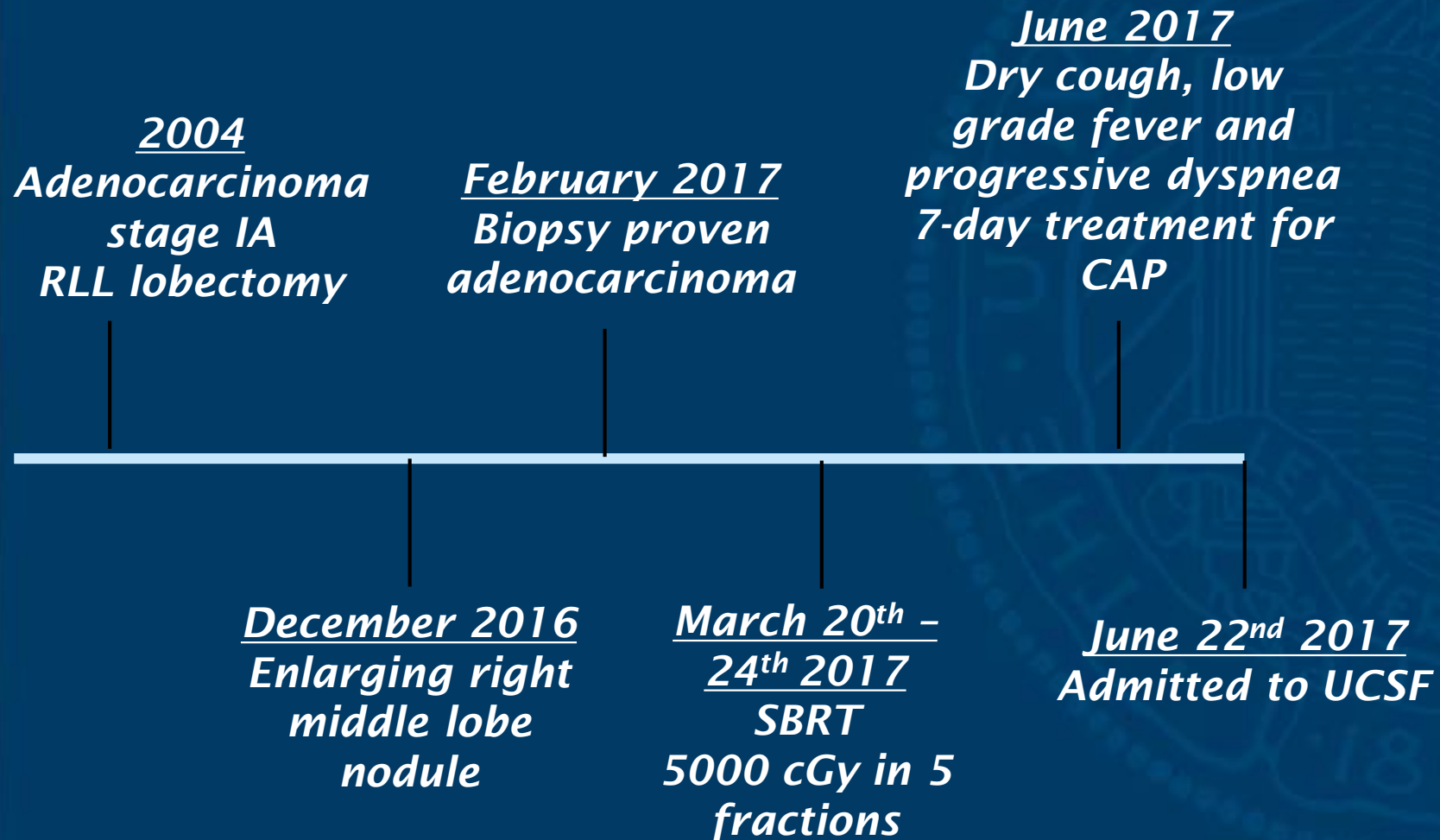
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- D. No dose adjustment if needed. Continue to monitor clinically and with repeat chest CT scans.

Grade	Presentation	Diagnostic Testing	Management	Follow up
1	Asymptomatic with Radiographic changes only	Chest CT scanning  Consider Bronch +/- other microbial assessment	Continue therapy  Monitor sx q3 days	Repeat Chest CT after every cycle or if develops sx.
2	Mild / Moderate new symptoms		HOLD therapy  Monitor sx daily  Oral prednisone (1mg/kg/d)	If improves to $\leq$ Grade 1 w/in 3 days, resume therapy.  If persists, stop therapy.  Taper steroids over 1+ mo.
3-4	Severe or life threatening  Worsening hypoxia		STOP therapy  Hospitalize  IV methylpred 2-4 mg/kg/d	After sx improve to $\leq$ Grade 1, taper steroids over 6+ wks  If worsens, consider additional immuno-suppression

# Case 3:

Special Thanks to UCSF Clinical Fellow  
**Shoshana Zha**

# *Case 3: 78 year-old man presenting with worsening dyspnea*





## *Case 3: Additional History*

### **PMH**

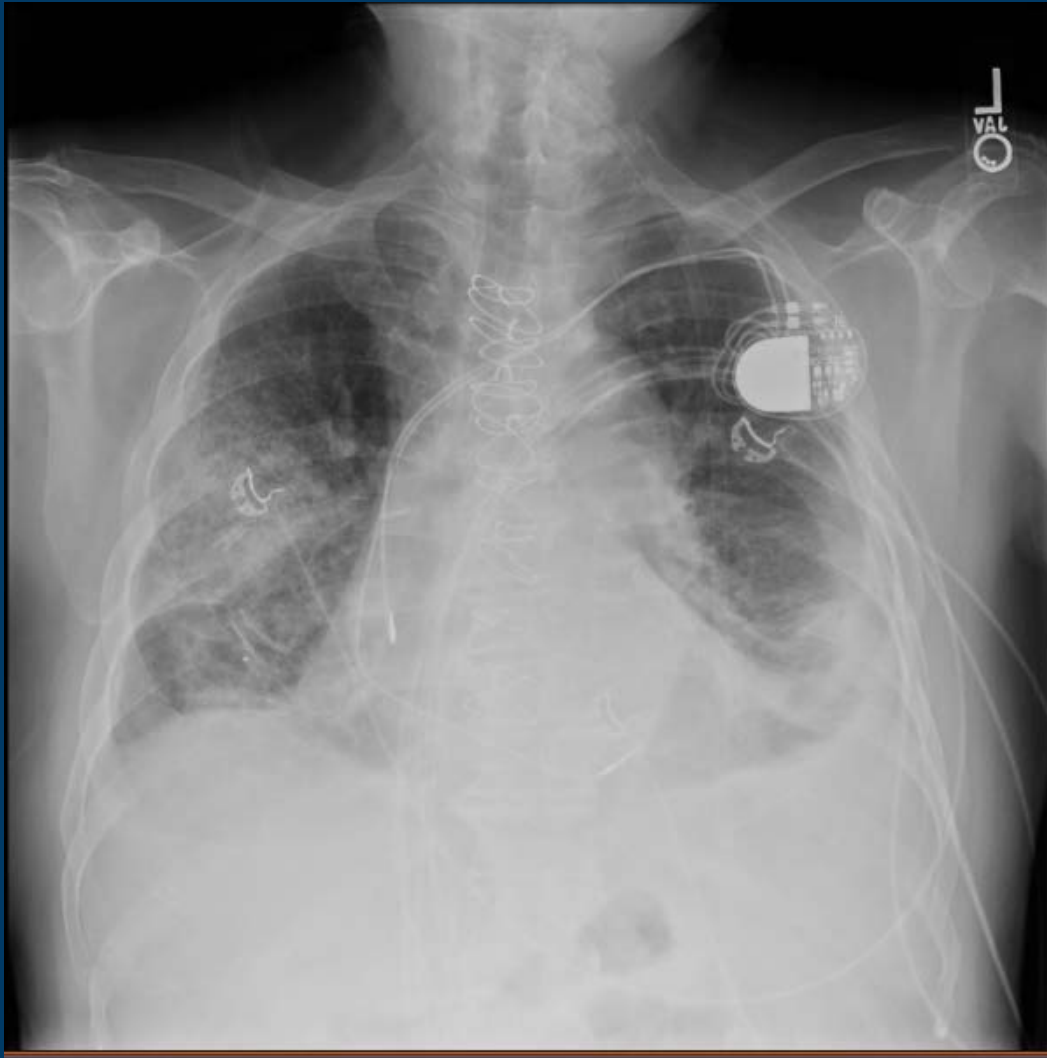
- ❑ Type-II DM
- ❑ CAD s/p CABG 6/2016, persistent L pleural effusion
- ❑ CHF (EF 50-55%)
- ❑ A-fib & sick sinus with pacemaker
- ❑ HTN
- ❑ CKD stage IV
- ❑ COPD: FEV1 1.4 (67%)

### **MEDICATIONS**

- ❑ ASA
- ❑ Atorvastatin
- ❑ Metoprolol XL
- ❑ Bumex 2mg BID
- ❑ Coumadin
- ❑ Glargine
- ❑ Pioglitazone
- ❑ Repaglinide
- ❑ Spiriva daily,
- ❑ Albuterol PRN

### **SH:**

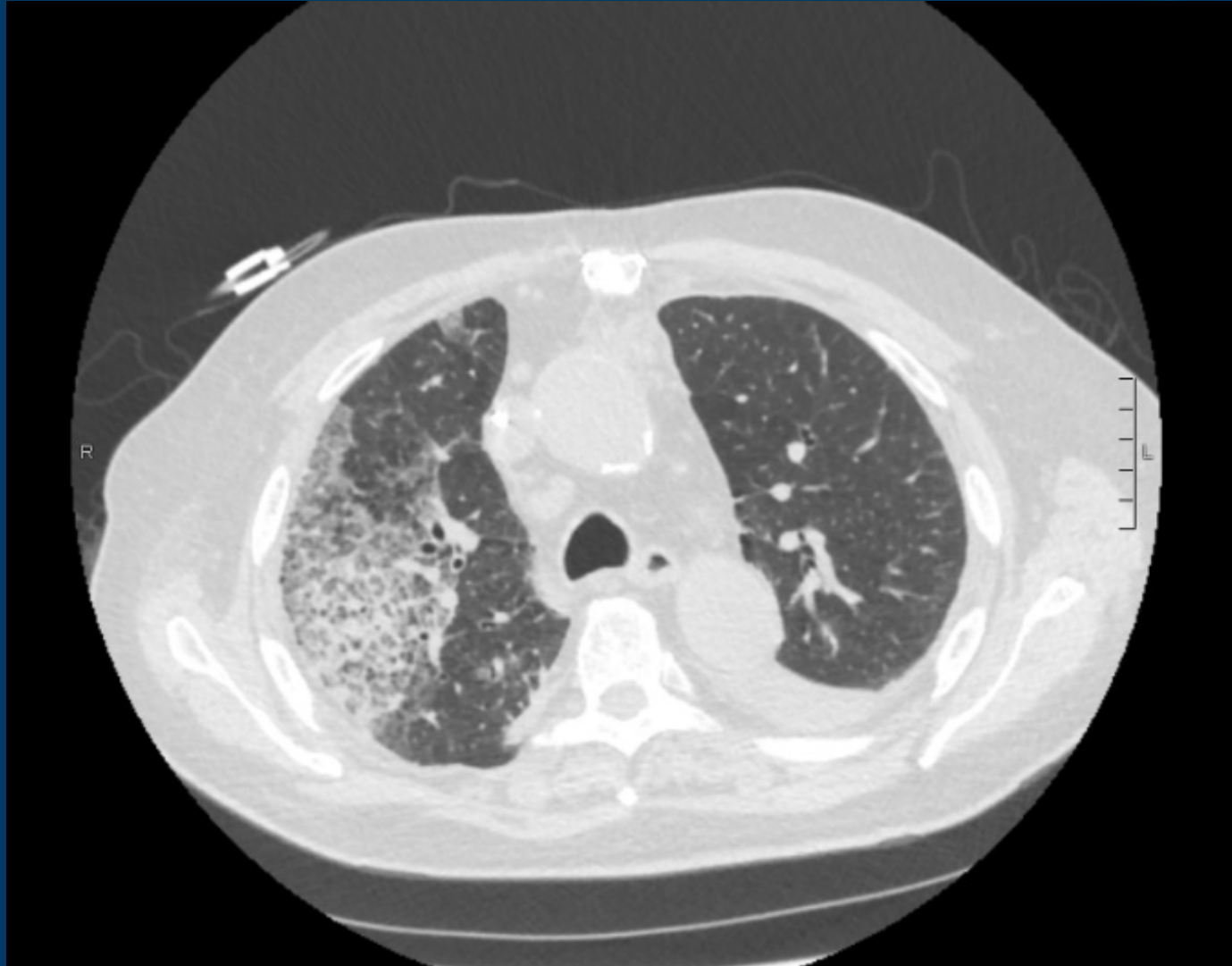
- ❑ Smoked 50-60 pack years, quit ~2003
- ❑ Occasional alcohol
- ❑ No illicit drug use



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*Special thanks to Shoshana Zha, MD for case / slides*







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*Special thanks to Shoshana Zha, MD for case / slides*





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*Special thanks to Shoshana Zha, MD for case / slides*

## *Case 3: Differential diagnosis*

- ❑ Infection
- ❑ Radiation pneumonitis
- ❑ Organizing pneumonia
- ❑ Diffuse alveolar hemorrhage
- ❑ Hypervolemia
- ❑ Malignancy



## *Case 3: Workup/management*

- Started steroids 60mg/day and levofloxacin
- Bronchoscopy without sign of infection or DAH
- Began to improve
- Steroids tapered: 60mg x 6days → 40mg x 3 days → 20mg daily in setting of rapid improvement + difficult glycemic control
- Discharged on 20mg/day to be taken until follow-up

## *Case 3: To ED 34 days later*

- 2-weeks of worsening dyspnea on exertion
- Low-grade fever
- Non-productive cough
- Chest pressure
- In ED, hypoxic to 82% on room air

## *Case 3: Physical exam*

- Vitals: BP 104/53, HR 84, RR 20, O2 Sat 96% on 10LPM supplemental oxygen
- CV: Irregularly irregular. PMI displaced laterally. No murmurs. JVD 7 cm at 30 degrees. Trace edema BLE.
- Resp: Speaking in 3-4 word sentences. Bibasilar crackles.

## *Case 3: Laboratories/data*

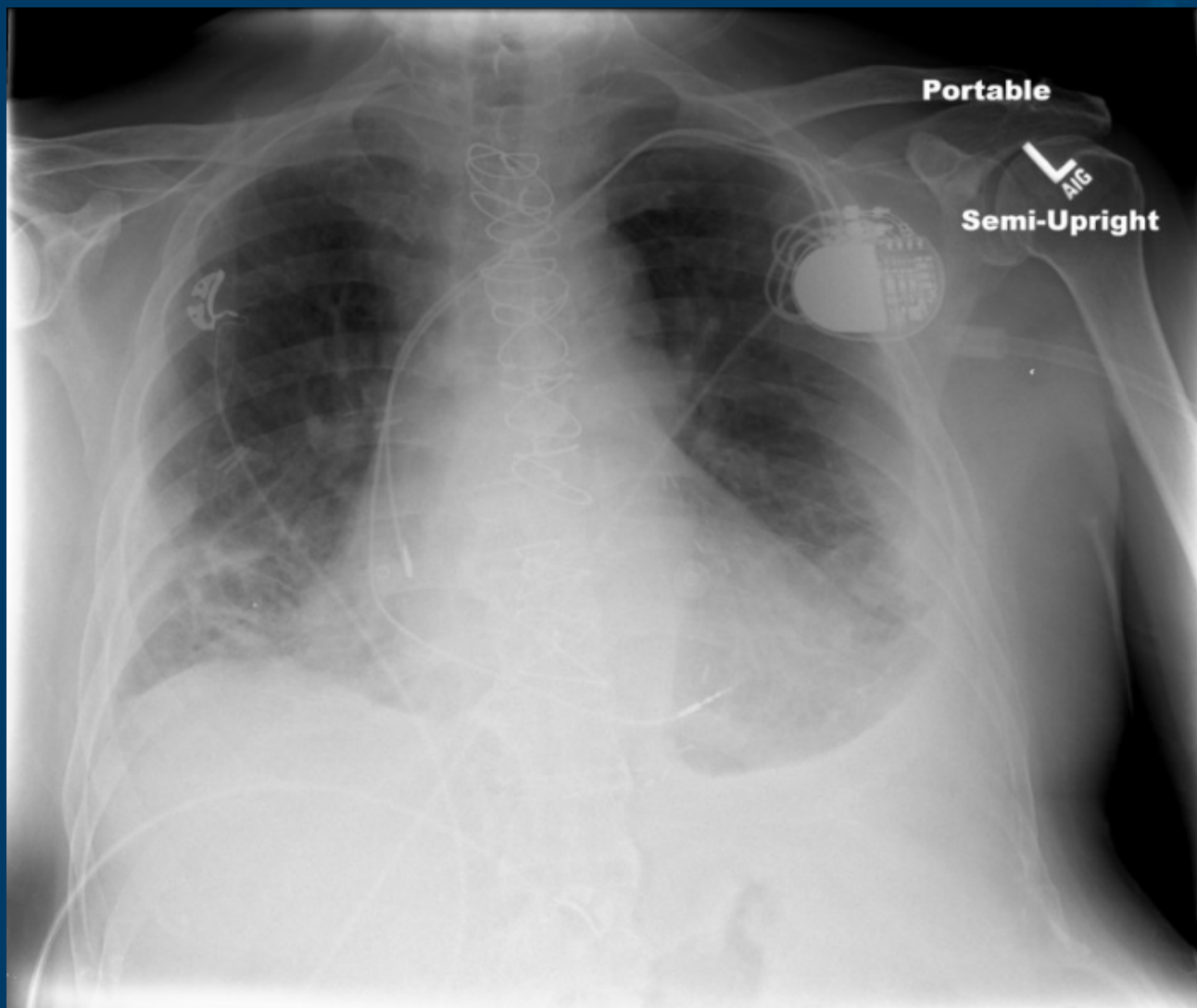
VBG (ABG not obtained): 7.46 / PCO<sub>2</sub> 45/

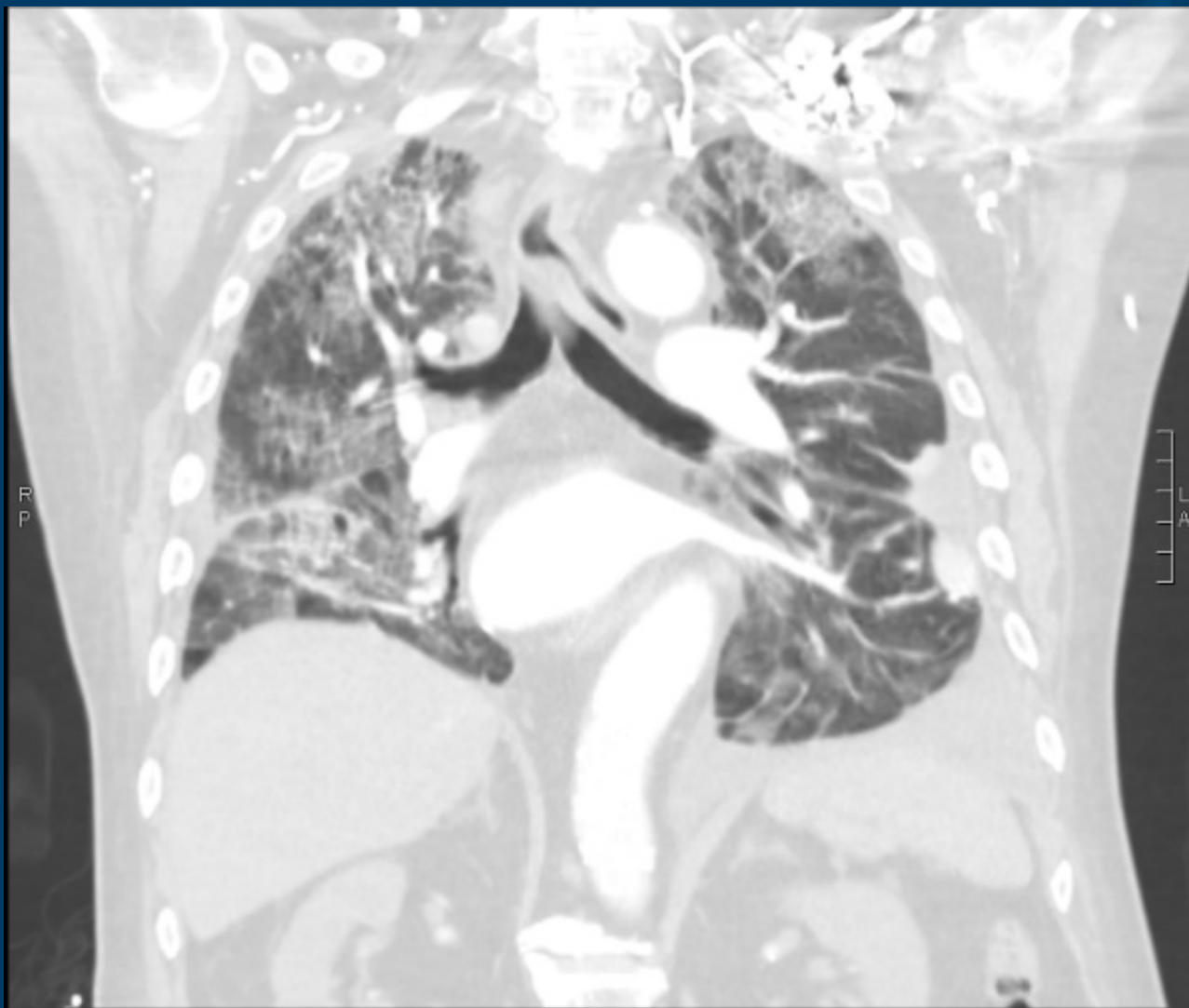
BUN 30, Cr 1.55 (baseline 1.3), Electrolytes WNL

WBC 12.2 with 10.45 N, 0.68 L, 0.84 M, 0.15 E

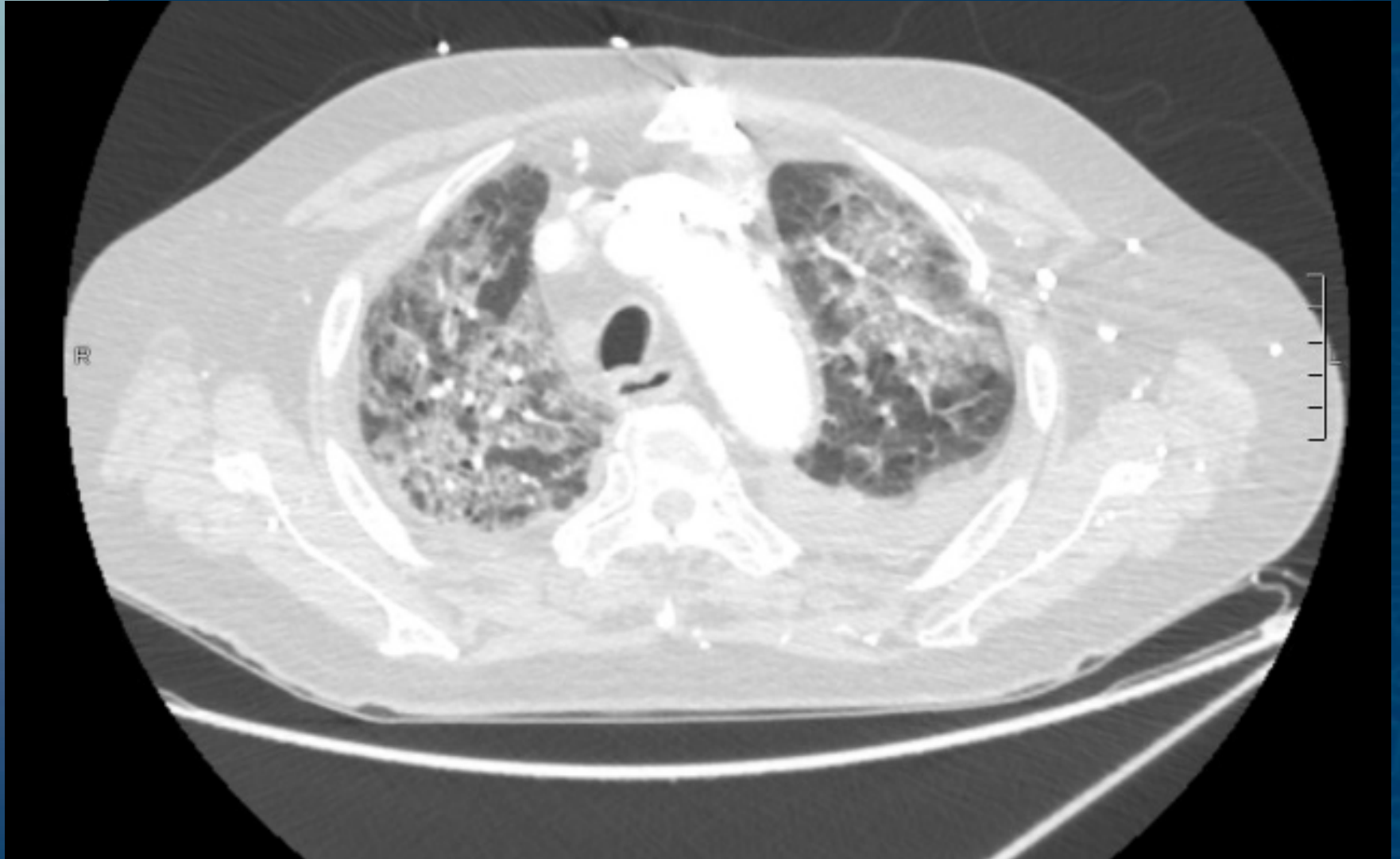
LFTs WNL

Troponin 0.1, EKG without significant changes





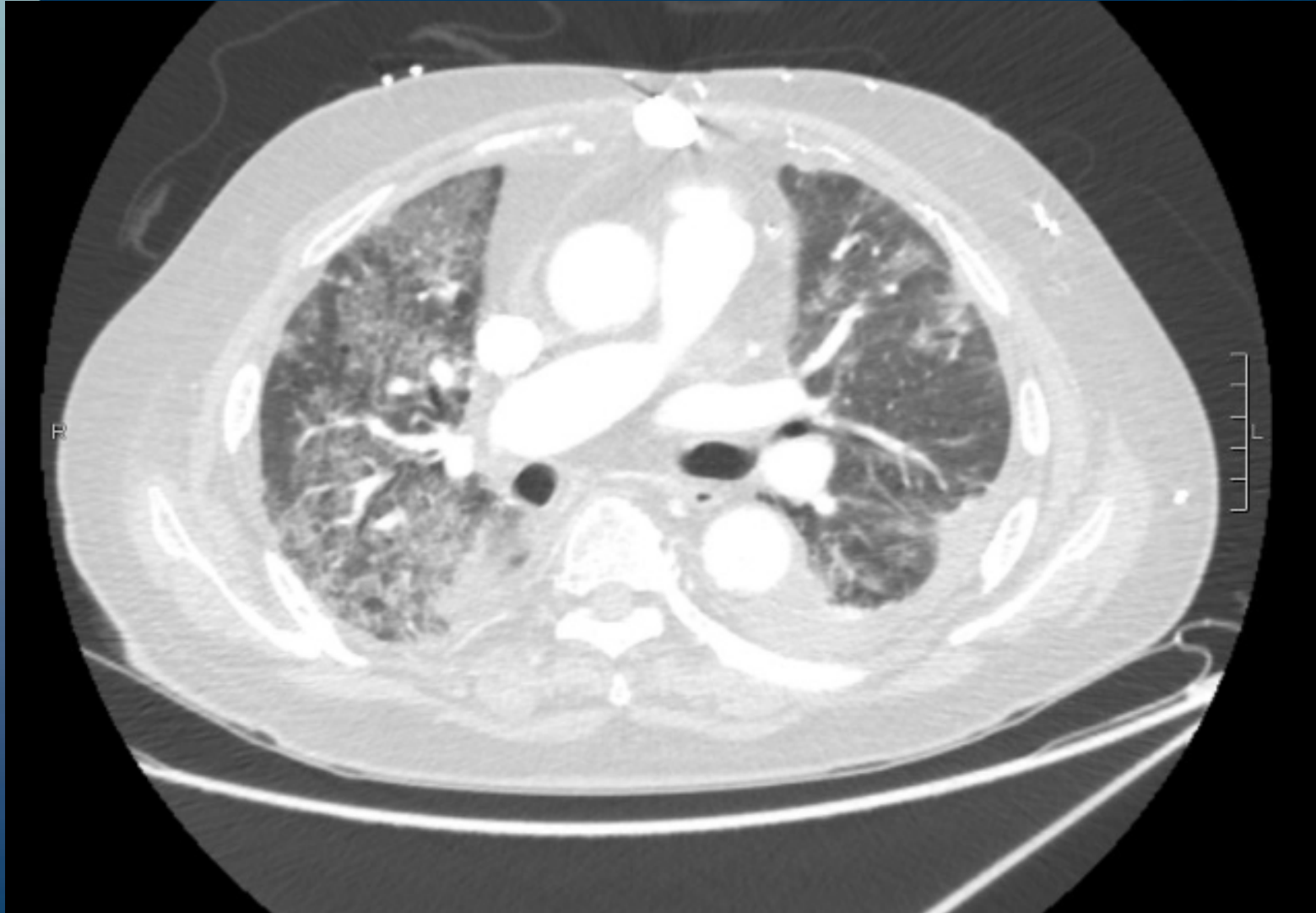




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## *Case 3 -progression*

- ❑ Day after admission, O2 titrated up to 10-12LPM
- ❑ On review with wife, prednisone had been discontinued



## *Case 3 - improvement*

- Started on prednisone 40mg/day and down to 2LPM within 4 days
- Discharged to take 20mg/day x 2 weeks, then 15mg/day until follow-up



# ***Radiation induced lung injury***

<i><b>Radiation Pneumonitis</b></i>	<i><b>Radiation Induced Organizing Pneumonia</b></i>	<i><b>Radiation Induced Fibrosis</b></i>
<ul style="list-style-type: none"> <li>◦ &lt; 6 months</li> <li>◦ Dry cough</li> <li>◦ Progressive dyspnea</li> <li>◦ Low-grade fevers or chills</li> <li>◦ Malaise</li> <li>◦ Pleuritic chest pain</li> <li>◦ Immediately capillary leakiness, delayed exudative alveolitis</li> </ul>	<ul style="list-style-type: none"> <li>◦ 3 – 6 months</li> <li>◦ Dry cough</li> <li>◦ Progressive dyspnea</li> <li>◦ Low-grade fevers or chills</li> <li>◦ Malaise</li> <li>◦ More diffuse disease</li> <li>◦ Priming of lymphocytes</li> </ul>	<ul style="list-style-type: none"> <li>◦ &gt;6 months</li> <li>◦ May be asymptomatic</li> <li>◦ High chronic inflammation → circulating platelet-derived and basic fibroblast growth factor</li> </ul>

*Murray et al, 2012. Radiation oncology, 7123*  
*Ding et al. 2013 Curr drug targets. 14, 1247-1356*  
*Giridhar et al, 2015. Asian Pac J Cancer Prev, 16(7), 2613-2617*



# *Imaging and Radiological grading scale (RTOG)*

## Radiation Pneumonitis

- ❑ I – GGO without fuzziness of subjacent pulmonary vessels
- ❑ II – GGO extending beyond radiation field or consolidations
- ❑ III – focal consolidation +/- elements of fibrosis
- ❑ IV – dense consolidation, traction bronchiectasis, volume loss

## Radiation-induced organizing pneumonia

- ❑ Outside radiation field → Often more pronounced in contralateral lung
- ❑ Migrates
- ❑ Relapses

*Oie et al, 2013. Radiation Oncology. 856*  
*Kouloulis et al 2014, Asian Pacific J Cncer Prev, 14*  
*2717-22*  
*Murai et al, 2012. Radiatin Oncology 7:123*

# *Risk/Associated factors*

- ❑ Smoking History
- ❑ Age >65
- ❑ Underlying lung disease
- ❑ Tumor location: mid-lower lung
- ❑ Adjuvant chemotherapy
- ❑ Risk with stereotatic (SBRT) 5-10% (up to 28% in older trials)
  - Often lower grade disease
  - Risk stage III with larger tumor
- ❑ Expression of Krebs Von den lungen-6

*Ochiai et al, 2015. J Radiat Res. 56 (6): 904-11*

*Yamashita et al, 2014. World J Radiol. 6(9):708-15*

## *Corticosteroids*

- Mainstay of therapy since 1950s
- No standard, but initial dose often Prednisone 0.5 – 1 mg/kg
- High risk of relapse, thus slow / prolonged taper is important
  - Literature dating back to 1960s note relapse with rapid withdrawal of steroids
  - Textbooks recommend decrease of 10mg q2weeks – no trials/data of support this recommendation

*Otani et al, 2014. Cancer Medicine, 3(4): 947-953*

# *Experimental approaches*

- Pentoxifylline – reduced fibrosis in rats (sterreicher et al 2001)
- Prophylactic anti-inflammatories
- Inhaled steroids
- Case reports of azathioprine and cyclosporine

*Hekenberens et al, 2016. Radiation Oncology 11:12*

# ***Radiation induced lung injury summary***

- Important to try to differentiate ***Radiation Pneumonitis*** from ***Radiation Induced Organizing Pneumonia***
- If significantly hypoxic, consider steroids but ***TAPER VERY SLOWLY***

# *Take Home Points*

- A single drug can be associated with multiple lung injury patterns
  - Variety of histologic and radiographic patterns
  - Histologic patterns don't correlate well with imaging findings
- In most situations, must rely on
  - **temporal relationship** between the administration of drug and the onset of lung injury,
  - along with the exclusion of other potential causes, particularly infections and metastatic disease



# *Take Home Points*

- Grade the degree of lung injury to determine the next steps in therapy / management
- If has also received XRT or SBRT, consider Radiation induced lung injury patterns:
  - *Radiation Pneumonitis*
  - *Radiation Induced Organizing Pneumonia*
  - *Radiation Induced Fibrosis*