

November 21, 2017



CTS *INSPIRATIONS*

CTS NEWS

President's Letter

Dear colleagues and friends,

We are looking ahead to another exciting CTS conference at the beautiful Quail Lodge resort in Carmel on Friday January 26 and Saturday January 27, 2018. Friday's symposium will feature a Multidisciplinary Approach to Interstitial Lung Disease featuring top international speakers, followed by fellow's poster competition, reception and the annual Western Respiratory Club Dinner featuring John Balmes MD speaking on 'The Sonoma-Napa Fires: Health Impact and Response'. Saturday's agenda includes a half day Lung Cancer Symposium followed by an Update on Bronchiectasis. For more information and to register, visit: <https://calthoracic.org/events/2018-annual-educational-conference/>.



CTS thanks the **California Society for Respiratory Care** for its collaboration and support of the Carmel meeting.

In addition, we are holding our 4th annual CTS fellow/multidisciplinary poster competition. For more information on our 2018 poster competition and to submit your abstracts on-line visit: <https://calthoracic.org/2018-poster-abstract-submission/>.

November is National COPD Awareness Month

CTS and its members have helped lead the charge in improving the science and effectiveness of care of persons with COPD through prevention, accurate diagnosis, evidence-based treatments and looking ahead to curing COPD. Our state has, in many ways, led advances in the care of COPD. Thanks to our colleges Rich Casaburi, Harbor UCLA, Joe Ramsdell, UCSD and Prescott Woodruff, UCSF for leadership of the pivotal COPD Gene study that has uncovered key understanding of COPD and exposed the fallacy that smokers who have normal spirometry are "healthy". Susan Jacob, Stanford, along with colleagues Sally McLaughlin UCSF and I, with ATS Nursing Assembly members recently published the first large survey of oxygen users to better understand and begin to address the significant inequities of availability of ambulatory oxygen. Thank you to Donald Tashkin, UCLA, Steve Lazarus, UCSF, Vipul Jain, UCSF Fresno, George Su, Zuckerberg San Francisco General Hospital (ZSFGH), Sam Louie, UC Davis, Andy Ries, UCSD, Trina Limberg, UCSD, Krystal Craddock, UC Davis, DorAnne Donesky, UCSF, Rich Kallet, ZSFGH, Jim Fink, Aerogen Pharma and the many others in California who have helped to establish and refine the science of diagnosis and effective management of COPD. Equally important to advancing the care of person with COPD is the tireless care of clinicians and patients to further improve care and services.

Visit our website at: <https://calthoracic.org/copd-central/>

November is National COPD Month Link:

<https://www.nhlbi.nih.gov/health/educational/copd/event-listing/awareness-month/materials-resources.htm>

Who's Who in CTS — Meet Dr. Andrew Ries, MD, MPH

By Tina Limberg

Former CTS President (1997), Dr. Andrew Ries began his life journey in Philadelphia, PA. He majored in culture and behavior as an undergraduate at Yale College and attended Yale's medical school as well. He completed his residency at Bellevue Hospital Center in NY. He relocated to attend the UC San Diego pulmonary fellowship under the direction of Dr. Kenneth Moser and never left. Once completed, he was selected to serve as the Medical Director for Pulmonary Rehabilitation which provided a prime opportunity to explore his interests in exercise physiology. He later returned to school to complete a Master's degree in public health (epidemiology and biostatistics). He was the co-principal investigator of an NIH/NHLBI supported randomized clinical trial for pulmonary rehabilitation in COPD from 1985-1993. The findings continue to be referenced in CMS policy today. He wrote the first scientific basis of pulmonary rehabilitation long before it was considered to be a standard of care. He chaired the first and second ACCP/AACVPR evidenced based guidelines which were used by pulmonary rehabilitation professionals to develop and standardize program components in an effort to achieve high quality outcomes. Anyone who has been fortunate to work with Dr. Ries knows he is a collaborator who develops relationships that broaden knowledge in pulmonary medicine, outcomes research and patient care. He has served as research preceptor for a number of pulmonary fellows over the years. He has an exceptional aptitude for teaching. He is a masterful educator and researcher. He has given countless presentations, written over 70 original manuscripts, 121 invited articles, over 7 books and contributed to more than 100 additional articles.



In addition to being the Medical Director for pulmonary rehabilitation, Dr. Ries was the Associate Director for the Pulmonary Physiology Lab. He is presently a Professor within the Department of Medicine and the Department of Family and Preventive Medicine. He has served as the Dean for Academic Affairs and is currently the Associate Vice Chancellor of Academic Affairs, for Health Sciences. His career spans many years within the University of California as educator, researcher and physician.

He is a passionate researcher and compassionate physician. He has served on multiple community committees and boards and has donated countless hours to professional organizations. His leadership service has spanned the decades at state and national organizations. He has received recognition awards by the American Lung Association, AACVPR, American College of Chest Physicians, American Thoracic Society and many others.

Dr. Ries and his wife, Dr. Vivian Resnick are the proud parents of Eric, Nicole and Amanda and the audaciously proud grandparents of five beautiful grandchildren. He continues to work as the Associate Vice Chancellor and attends pulmonary rehab while generously sharing his knowledge, and expertise with others.

ATS and CTS—Part of One Tree

CHAPTER: a local branch of an organization
Merriam-Webster

The chapters and CCR play a strategic role in advancing ATS' mission of improving lung health and enhancing the value of ATS membership for clinicians and investigators.

Chapters are a bridge between the national organization and its members, especially those in local communities, offering year round opportunities for members to meaningfully engage with each other and thereby strengthening ties with the national organization.

Chapter educational activities provide an important venue for disseminating state of the art information pertaining to respiratory medicine and research within their communities. By promoting ATS activities and resources locally, chapters foster collaboration between clinicians in the community and academic medicine and research. Chapters are an important community resource for information, referrals to academic centers of excellence including COPD, Interstitial Lung Disease, Transplant, Lung Cancer, PAH.

Their smaller size makes them ideal incubators for new ideas or concepts that can help promote ATS' missions and keep the organization vital. Projects can be piloted at the local level and refined in anticipation of presentation at the national level.

Chapters provide valuable professional development pathways that complement those offered by ATS, engaging professionals at all stages of their careers in committees and leadership positions at the state and national level, and thus, gain invaluable practical leadership experience. This is especially important for our younger members for whom exposure to a wider net of colleagues outside of their home institutions is important for academic advancement, mentoring and career success.

Last but not least, Chapters support of ATS advocacy at the local and national level to governmental and regulatory agencies can further raise the visibility and influence of our organization.

To get involved or find out more about chapter activities, go to: calthoracic.org.

The Clean Up Begins.

Longtime CTS member Eugene Belogorsky MD writes:

"Needless to say, the fire was a frightening experience for many of the community, whether they were one of the thousands who lost their home or were "inconvenienced" by the fire and smoke (the latter was really tough on everyone and especially for the COPD folks who are compromised even on a good day). It is going to be a long time (3-5 years) before reconstruction will be mostly done. The New York Times and the TV cameras have left so the hyper-acute drama has passed but now the more substantial heavy lifting will need to occur in earnest.

If there was a good part to this whole tragedy was the way the entire community pulled together to help each other out, whether they knew each other or not. I went down to the fairgrounds (the designated command center) and I was moved to tears to see folks pitching in, whether it be providing food, clothes, medical care or anything that was needed. It was almost like watching a well-run "code blue"; everyone seemed to know what to do (even though no one had ever been through anything remotely like this). We had firefighters from all over California and most of the western states, at one time nearly 10,000 to help out and the community fed them too! I have it one good authority that some of the guys were pretty cute which probably was an added incentive!

We had 200 doctors lose their homes and not just "damaged" but producing a landscape that looked more like Hiroshima than bucolic wine country.

Amazingly many returned to work after a couple weeks or so but the long-term will certainly be long for them and the community as a whole. The leading organization that has really stepped up is the Redwood Credit Union that is donating 100% off funds raised to aid with relief to fire victims."

The name of the fund is the Redwood Credit Union Community Fund, Fire Relief 2017. The website <https://www.redwoodcu.org/northbayfirerelief> also contains links to information regarding additional resources.

Images:

https://www.nytimes.com/2017/11/20/us/california-today-cleaning-up-fire-damage-in-santa-rosa.html?hp&action=click&pgtype=Homepage&clickSource=story-heading&module=second-column-region®ion=top-news&WT.nav=top-news&_r=0

TED AND GRACE KOPPEL ON COPD.....

An exciting program will be airing on TV regarding COPD. Ted Koppel, newsman at ABC, interviews his wife Grace Anne on the **CBS "Sunday Program" on Sunday, November 26th** at 6:30AM-8AM PST. His wife, after seeing multiple physicians, was diagnosed with COPD 16 years ago. While originally not given a great prognosis, she credits her survival to her physician, to medications, and to the information, education, and support she was given at pulmonary rehabilitation. Thanks to Phil Porte who provided important background on both pulmonary rehabilitation reimbursement and patient referral concerns for this segment. See trailer for further info at: <https://www.cbsnews.com/videos/ted-and-grace-anne-koppel-on-copd-third-leading-cause-of-death-in-us/>

Southwestern Journal of Pulmonary and Critical Care Medicine

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Title (Click on title to be taken to the manuscript, CME in Bold)	Journal Section	First Author	Year	Vol	Issue	Pages	Date Posted
Arizona Averages Over 25 Opioid Overdoses Per Day	News	Robbins RA	2017	15	4	179-80	10/29/17
A New Interventional Bronchoscopy Technique for the Treatment of Bronchopleural Fistula	Critical Care	Schmitz ED	2017	15	4	174-8	10/28/17
Fake News in Healthcare	Editorial	Robbins RA	2017	15	4	171-3	10/27/17
Medical Image of the Week: Pulmonary Mycetoma	Imaging	Khan S	2017	15	4	169-70	10/25/17
ACE Inhibitor Related Angioedema: A Case Report and Brief Review	Critical Care	Boudi FB	2017	15	4	165-8	10/20/17
Maryvale Hospital to Close	News	Robbins RA	2017	15	4	164	10/19/17
Medical Image of the Week: Pulmonary Infarction- the "Reverse Halo Sign"	Imaging	Wu GR	2017	15	4	162-3	10/18/17
Medical Image of the Week: Pulmonary Artery Sling	Imaging	Agarwal A	2017	15	4	160-1	10/11/17
California Enacts Drug Pricing Transparency Bill	News	Robbins RA	2017	15	4	159	10/10/17
Treatment of Lymphoma and Cardiac Monitoring during Pregnancy	Pulmonary	Pak S	2017	15	4	154-8	10/7/17
Beware the Obsequious Physician Executive (OPIE) but Embrace Dyad Leadership	Editorial	Robbins RA	2017	15	4	151-3	10/6/17
Tumor Lysis Syndrome from a Solitary Nonseminomatous Germ Cell Tumor	Critical Care	Nokes BT	2017	15	4	148-50	10/5/17
Medical Image of the Week: Hypertensive Emergencies	Imaging	Raschke RA	2017	15	4	147	10/4/17
October 2017 Imaging Case of the Month	Imaging	Conomos PJ	2017	15	4	138-46	10/3/17
October 2017 Critical Care Case of the Month	Critical Care	Ragland M	2017	15	4	131-7	10/2/17
October 2017 Pulmonary Case of the Month	Pulmonary	Jensen EA	2017	15	4	125-30	10/1/17

California Thoracic Society

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Connect with CTS at <https://calthoracic.org/>

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