April 27, 2017



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CTS NEWS

President's Message

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By Chris Garvey, CTS President

For those of you attending ATS in Washington, D.C., please join us in honoring Asha Devereaux, MD, California Thoracic Society Outstanding Clinician of the Year along with five other chapter awardees at a reception from 4 to 5 p.m. Monday, May 22 in the Clinicians Center located in the Walter E. Washington Convention Center, Hall D (Middle Building, Level 2). Light hors d'oeuvres and refreshments will be available. This will also be a chance to meet our new executive director Phil Porte and mingle with your CTS Executive Committee as well as fellow CTS members. We hope you can join us and encourage you to extend the invitation to other chapter leaders and members.



Are you or your colleagues presenting sessions or posters at ATS? We would like to highlight California presentations and invite your CTS colleagues and friends. Please forward this information for our next newsletter edition.

Please mark your calendar for our annual CTS Fall Conference on Saturday Sept. 30 - Sunday Oct. 1. The California Thoracic Society Fall Symposium will include two innovative sessions:

- Ultrasound Skills Two Day Hands-On Course on Sept. 30 and Oct. 1
- · Advanced Clinical Training in COPD on Sept. 30

Please join us at the state of the art UCSD School of Medicine Medical Education - Telemedicine (MET) Building La Jolla, California. More details to come.

Stay tuned for more details!

Just Do It Zea Borok, 2017 ATS Elizabeth Rich Award







As a leader, mentor and scientist, Zea epitomizes the core values and principals of an Elizabeth A. Rich Award recipient. Zea is a powerhouse; she is tireless; she is inspirational



and she motivates those around her to strive for their best, reach for their goals and not fear failure.

Dr. Borok was nominated by Kristin Burkart MD, MSc Program Director, Pulmonary & Critical Care Fellowship Associate Professor of Medicine Columbia University Medical Center and Terese C. Hammond, MD Assistant Professor of Medicine, Program Director, PCCSM Fellowship Keck School of Medicine of USC. Read excerpts from their nominating letters. **READ MORE**



Advocacy News and Events







A Request from ATS — Breathing Better Alliance

Our colleague Nuala S. Moore, Associate Director, Government Relations at ATS is reaching out to ask for your help:

The American Thoracic Society is encouraging ATS members to attend town hall meetings that your members of Congress hold in your state, and/or ask your senator or representative to support increased funding for the NIH (a \$2 billion increase); and support healthcare reform legislation that provides affordable insurance coverage for all Americans, including those insured under the ACA, whether through exchanges, Medicaid expansion or young adults on parent plans, and people with pre-existing health conditions.

Visit www.townhallproject.com to see when your members of Congress are holding town hall meetings. You can also use the Capitol Switchboard to call their D.C. offices directly at 202-224-3121 and just give your representative or senator's name or your ZIP code to be connected to their office.

Countable App

This app tells you when your U.S. representatives and senator (based on your ZIP code) voted for/against.

ATS Breathing Better Alliance meeting: Sunday, May 21







The ATS Breathing Better Alliance is a collaboration of ATS and PAR member organizations whose mission is to advocate for respiratory health issues of mutual concern. The Breathing Better Alliance advocacy meeting at the ATS Conference is from 11:45 a.m. to 1:15 p.m. Sunday, May 21 in the Renaissance Hotel, meeting room 16. You are welcome to bring guests, including fellows or other members interested in advocacy. Lunch will be served to so please RSVP by May 5 to Nuala Moore (DC) nmoore@thoracic.org



NEWS





The New York Times

The idea behind a recent tax increase on cigarettes in California was to nudge more smokers to quit: Hit them hard enough in the wallet, and some will conclude it's just not worth it. But the tobacco industry has a secret weapon: discounts. READ MORE

Climate progress, with or without Trump







The New York Times

President Trump's unfortunate and misguided rollback of environmental protections has led to a depressing and widespread belief that the United States can no longer meet its commitment under the Paris climate change agreement. But here's the good news: It's wrong. READ MORE

California gets No.1 ranking for most polluted state again







Nearly 125 million Americans live in counties with dangerous levels of air pollution, with Californian cities dominating the list, according to a report from the American Lung Association, citing data from 2013-2015. The report did find evidence of cleaner air. While 125 million Americans are still living with high rates of pollution, the report found it was a drop of 41 million from the 2016 report, based on earlier data. READ MORE

Blood test may lead to earlier, personalized lung cancer treatment









Medical News Today

A new study details the development of a blood test that can identify genetic mutations associated with nonsmall cell lung cancer within 72 hours. Researchers say that the test could lead to faster, more effective treatment for the disease. Researchers described the accuracy of their new test in The Journal of Molecular Diagnostics. READ MORE

Improving response to toxic inhalation disasters







Better medical responses to the accidental or intentional release of inhaled toxic chemicals are being developed, but the field faces considerable challenges, according to a new report by an international panel of experts. The report was published online in the Annals of the American Thoracic Society. READ MORE

MISSED AN ISSUE OF CTS INSPIRATIONS? VISIT AND SEARCH THE ARCHIVE TODAY.

A new worry for smokers' families: 'Thirdhand smoke'









California Healthline

Michael Miller, 44, does what most smokers do to protect his sons and daughter from the fumes of his Marlboro Ultra Lights. He takes it outside. After his 7 a.m. coffee, he walks out of his home in Cincinnati to smoke his first cigarette of the day. Then, as a branch manager of a road safety construction company, he smokes dozens more on street curbs. READ MORE

Physical activity reduces anxiety and depression risk in patients with COPD







Pharmacy Times

Although chronic obstructive pulmonary disease is often linked to mental disorders such as anxiety and depression, the results of a recent study suggest that remaining physically active can help patients with COPD reduce their risk of developing these conditions. The study analyzed data on 409 patients with COPD from primary care practices in the Netherlands and Switzerland. READ MORE

Patients with bronchiectasis and COPD have frequent, longer exacerbations







Bronchiectasis News Today

Patients with both bronchiectasis and chronic obstructive pulmonary disease experience more frequent and longer exacerbations than patients with COPD only, according to a new study published in the journal Medical Sciences. Researchers called for an appropriate diagnosis of patients with both conditions to ensure proper clinical treatment and prevent life-threatening scenarios among these patients. **READ MORE**

Researchers develop new probe to follow PF progression, treatment







Lung Disease News

Researchers developed a new probe to use in positron emission tomography imaging that may help diagnose and monitor pulmonary fibrosis, according to a study. The probe, called 68Ga-CBP8, binds to fibrotic lung tissue and allows doctors to follow the lungs' response to treatment. Results of this work were published in the journal Science Translational Medicine. **READ MORE**

TRENDING ARTICLES

Missed last week's issue? See which articles your colleagues read most.

- Trial of new triple inhaler shows 20 percent reduction in COPD flare-ups (Science Daily)
- Antibody is effective against radiation-induced pulmonary fibrosis (Medical Xpress)
- · Researchers find overprescribing of oral corticosteroids in children with asthma (Medical Xpress)
- Will California's new cigarette tax make more smokers quit? (The Sacramento Bee)

Don't be left behind. Click here to see what else you missed.

CTS Inspirations

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