

This message was sent to ##Email##



[Click here to learn more](#) ▶

Copyright ©2015,
Boehringer Ingelheim
Pharmaceuticals, Inc.
All rights reserved.
(04/15) PC-QF-0005-PROF

April 13, 2017



CTS *INSPIRATIONS*

[Home](#) | [About](#) | [Join](#) | [Events](#) | [Leadership](#)

[Subscribe](#) | [Archive](#) | [Advertise](#)

CTS NEWS

President's Message



CTS

April brings excitement to many — spring weather following an unusually wet winter, college basketball finals, baseball, ATS International Conference fast approaching, and exciting changes at CTS. We would like to introduce CTS management staff to you.



Phil Porte, California Thoracic Society
Executive Director

You may know Phil as the executive director of the National Association for Medical Direction of Respiratory Care (NAMDRC) and a leading consultant for the American Association for Cardiovascular and Pulmonary Rehabilitation (AACVPR). Phil's legislative and regulatory leadership in both pulmonary medicine and respiratory care are well known. His firm, GRQ, brings years of successful association management, financial growth, annual conference oversight, membership development and many other strengths that will benefit CTS.



Although GRQ is based in Vienna, Virginia, just outside of Washington, D.C., the firm is committed to a California presence. Our new mailing address is found below. Our phone number remains the same and will be answered by Phil and the supporting staff in Virginia.

CTS Updated Address

California Thoracic Society
18 Bartol Street #1054
San Francisco, CA 94133
415-536-0287

We are very enthusiastic about the CTS management team and the expertise that Phil and GRQ bring to CTS.

We are available for questions and your input at info@calthoracic.org. Phil can be reached directly at phil@calthoracic.org.

Smoking Cessation, Prop 56 and More



CTS

An important victory for pulmonary specialists, persons with lung disease and all Californians is the \$2 tax increase on cigarettes that went into effect on April 2. Proposition 56, the statewide tobacco tax passed at the polls in November, will offer a much-needed incentive to reduce smoking rates and potentially smoking related diseases. Nicotine dependence is now recognized as a chronic, relapsing disorder with growing evidence of effective strategies to improve long term abstinence. Several key resources are available in California including the California Smokers Help Line 1-800-NO-BUTTS that offers free telephone counseling, self-help materials and [online help](#) in six languages to help quit smoking. We are grateful to all of you for supporting this critical public health advancement. We are also grateful to those who lead the way to this landmark success from a legislative and scientific perspective including Jim Brown, David Sachs, John Hodgkin, Stanton Glanz and many others.

Language	Telephone Number
English	1-800-NO-BUTTS
Vietnamese	1-800-778-8440
Spanish	1-800-45-NO-FUME (1-800-456-6386)
Cantonese/Mandarin	1-800-838-8917
Korean	1-800-556-5564
California Tobacco Chewer's Hotline	1-800-844-CHEW (1-800

Positive Airway Pressure Adherence: What's Missing in the Formula?

By Abdullah Alismail, M.S, RRT-NPS, SDS, Assistant Professor, Loma Linda University

- Patient Education on the use of positive airway pressure (PAP) devices is critical in increasing adherence levels.
- PAP adherence is a collaborative work between professions, patients, and Durable Medical Equipment (DME) company staff. The literature lack studies from DMEs regarding PAP therapy. Involving members from DME companies may shed light on new findings that improve PAP adherence.
- New modes/modalities of PAP therapy are not the only solution. There are other unobservable characteristics that can guide us to better results.
- Qualitative study approach might help to provide further evidence to understand the challenges that patients and providers go through to improve PAP adherence.



READ MORE



Save the Date for the California Society for Respiratory Care State Convention on June 13-15, 2017



CTS



Professionalism • Advocacy
Commitment • Excellence

The California Society for Respiratory Care (CSRC) represents the 24,000 respiratory care practitioners in California and strives to promote best practice through the provision and sponsorship of education programs. This year the CSRC Annual Convention promises to deliver as one of the best educational opportunities for pulmonary clinicians. Topics will include ventilation strategies, OSA, Ecigs, inhaled vasodilators, ECMO, lung ultrasound and much more. Save the date for June 13-15 to join your colleagues at Harrah's Resort Southern California. More information, including a preliminary agenda, registration and hotel reservations can

be obtained by visiting the [CSRC website](#).



NEWS

Drug offers some hope for a deadly lung cancer



HealthDay News via WebMD

The cancer drug Opdivo (nivolumab) may offer hope of a longer life for some patients with advanced lung cancer, a new small study finds. Currently, only about 5 percent of patients with advanced non-small-cell lung cancer survive five years or more. But that rate rose to about 16 percent among a group taking Opdivo, researchers reported. **READ MORE**

Will California's new cigarette tax make more smokers quit?



The Sacramento Bee

Plunk down a pack of cigarettes at the cash register and be prepared to pay up, way up. As of April 1, Californians are forking over an extra \$2 per pack. Some smokers said they were stocking up on cartons ahead of the price hike. Others said it's jolting them into finally snuffing out cigarettes for good. [READ MORE](#)

Stem cell therapy may help repair lung damage



Science Daily

A new study has found that stem cell therapy can reduce lung inflammation in an animal model of chronic obstructive pulmonary disease and cystic fibrosis. Although still at a pre-clinical stage, these findings have important potential implications for the future treatment of patients. [READ MORE](#)

Antibody is effective against radiation-induced pulmonary fibrosis



Medical Xpress

Radiation therapy is part of the treatment regimen for about two thirds of cancer patients today. Radiotherapy is well tolerated in most cases, but it can also lead to damage in healthy tissues that are also irradiated. One debilitating side effect is radiation-induced fibrosis. This process particularly affects the delicate tissues of the lungs when lung cancer is treated by radiation therapy. [READ MORE](#)

Combining radiotherapy and immunotherapy: Adverse events in lung cancer



Cancer Therapy Advisor

In a retrospective analysis of 29 patients with metastatic lung cancer treated with thoracic radiotherapy and immune checkpoint inhibitors, three patients (10 percent) experienced severe, possibly treatment-related toxicity. Researchers presented these results at the 2017 Multidisciplinary Thoracic Cancers Symposium. [READ MORE](#)

MISSED AN ISSUE OF *CTS INSPIRATIONS*? [VISIT AND SEARCH](#) THE ARCHIVE TODAY.

COPD hospital readmission rates linked to readmission for other diseases and patient care



COPD News Today

Hospital readmissions for chronic obstructive pulmonary disease are linked to readmissions for other conditions as well as patients' own experiences while hospitalized, such as communication with nurses, staff responsiveness, pain management and discharge information. The study was published in the American Journal of Respiratory and Critical Care Medicine. [READ MORE](#)

Researchers find overprescribing of oral corticosteroids in children with asthma



Medical Xpress

While a short course of oral corticosteroid medication is recommended for the treatment of moderate to severe asthma flare-ups, it is neither recommended nor effective in treating those with minimal to mild asthma exacerbations. In a new study published in the journal Pediatrics, researchers at Baylor College of Medicine found substantial overprescribing of oral corticosteroids in children with asthma. [READ MORE](#)

Research uncovers potential new treatment to treat and stop progression of cystic fibrosis



Medical Xpress

Researchers have discovered a potential new drug to treat and stop the progression of cystic fibrosis. Thymosin $\alpha 1$ (T α 1) is a novel therapeutic single molecule-based therapy that not only corrects genetic and tissue defects, but also significantly reduces inflammation seen in cystic fibrosis patients. [READ MORE](#)

Trial of new triple inhaler shows 20 percent reduction in COPD flare-ups



Science Daily

Flare-ups in chronic obstructive pulmonary disease, the UK's fourth leading cause of death, can be reduced by 20 percent by a combined triple inhaler, according to the results of a trial of more than 2,000 people conducted by The University of Manchester. The study, published in the Lancet, contains the results of a year-long trial involving 2,691 patients. [READ MORE](#)

TRENDING ARTICLES

Missed last week's issue? See which articles your colleagues read most.

- [Who's Who in CTS — Meet Phillip Gold, MD, CACP](#) (CTS)
- [CTS Members Urged to Join Letter Defending Clean Air Act and EPA](#) (CTS)
- [ATS Council of Chapter Representatives](#) (CTS)
- [Hospital quality linked to readmission rates for COPD](#) (Yale University)

Don't be left behind. [Click here](#) to see what else you missed.

CTS Inspirations

Connect with CTS



[Recent Issues](#) | [Subscribe](#) | [Unsubscribe](#) | [Advertise](#) | [Web Version](#)

Colby Horton, Vice President of Publishing, 469-420-2601 | [Download media kit](#)
Cait Harrison, Senior Content Editor, 469-420-2657 | [Contribute news](#)

California Thoracic Society

18 Bartol St. #1054 | San Francisco, CA, 94133 | 415-536-0287 | [Contact Us](#)

CTS Editors

Angela Wang, MD
Chris Garvey, NP
Laren Tan, MD

[Learn how to add us to your safe sender list so our emails get to your inbox.](#)

Powered By **MULTIBRIEFS**

7701 Las Colinas Ridge, Ste. 800, Irving, TX 75063