

California Thoracic Society

2016

# FALL SYMPOSIUM

Sleep Apnea and Venous Thromboembolism

**October 1, 2016**

**UCSD School of Medicine**

Medical Education - Telemedicine (MET) Building

La Jolla, CA

**Jointly Provided by:**

The California Thoracic Society and  
the American Thoracic Society

**New**

## **COPD TODAY: A TEAM APPROACH SYMPOSIUM**

**Co-sponsored by:**

The California Society  
for Respiratory Care

# FALL SYMPOSIUM

The Fall Symposium consists of two half-day clinical, case-based sessions focusing on sleep-disordered breathing and venous thromboembolism.

## Target Audience

The Fall Symposium was designed for all who provide care for patients with sleep-disordered breathing and venous thromboembolism including physicians (adult and pediatric), respiratory care practitioners, advanced practice providers including clinical nurse specialists (CNS), nurse practitioners (NPs) and physician assistants (PAs), registered nurses (RNs), case managers, pulmonary fellows, sleep dentists, sleep technologists, and scientists.

## COPD TODAY: A TEAM APPROACH Symposium

Multidisciplinary course providing advanced clinical practice training for pulmonary clinicians. Features interactive, small group case and panel discussions with COPD experts from throughout California.

## Target Audience

The Fall COPD Symposium is designed for respiratory care practitioners, advanced practice providers including clinical nurse specialists (CNS), nurse practitioners (NPs) and physician assistants (PAs), registered nurses (RNs), case managers, pulmonary fellows, physicians, and scientists.

## Educational Objectives\*

Screen, initiate a workup, diagnose and classify patients with sleep-disordered breathing

Apply new strategies to manage care of patients with sleep-disordered breathing

Integrate non-PAP treatment options in discussing obstructive sleep apnea with patients

Identify and select the best treatment setting for patients with VTE

Implement new strategies to manage care of patients with VTE, including children, those who are pregnant and those with cancer

Improve the health status of patients with VTE by assessing the risk of bleeding versus the risk of recurrent VTE

Define the role of spirometry and be able to order appropriate pulmonary function testing needed to diagnose or rule out COPD as well as monitor patients with COPD

Discuss the benefits of both non-pharmacologic management and pharmacologic treatment with emphasis on the evolving roles of inhaled corticosteroids in COPD

Recognize COPD exacerbations, understand their impact on prognosis and care and be able to institute relevant management strategies with an aim towards preventing future exacerbations and decrease hospital readmissions

Describe methods and practices needed to ensure optimal transition of care for the COPD patient between inpatient, outpatient and community care teams

*\*A complete list of educational objectives has been posted to the CTS website: [www.calthoracic.org](http://www.calthoracic.org).*

# Program Schedule

## Fall Symposium Schedule: Saturday, October 1st

7:00 – 7:50

**Continental Breakfast – Exhibitor Hall Open**

7:50 – 8:00

**Welcome and Pre-Test**

Shazia Jamil, MD; Philippe Montgrain, MD

**AM SESSIONS:**

**SLEEP-DISORDERED BREATHING**

8:00 – 8:40

**Update on the Science, Clinical Diagnosis and Management of Obstructive Sleep Apnea in Adults & Children**

Carolyn Welsh, MD

8:40 – 9:20

**Optimizing Device and Pressure Selection Based on the Spectrum of Sleep-disordered Breathing: CPAP, APAP, BIPAP, AUTOPAP, ASV, and WINX**

Kathleen Sarmiento, MD

9:20 – 9:40

**Break with Exhibitors**

9:40 – 10:20

**Personalized Medicine in Obstructive Sleep Apnea Surgery**

Eric Kezirian, MD

10:20 – 11:00

**Update on Oral Appliances in the Treatment of Obstructive Sleep Apnea**

Todd Morgan, DMD, ABDSM

11:00 – 11:20

**Break with Exhibitors**

11:20 – 12:00

**Central Sleep Apnea: Treatment Paradigm in Patients With and Without Heart Failure**

Carolyn Welsh, MD

12:10 – 12:50

**Multidisciplinary Luncheon**

Christine Garvey, FNP, MPA, MSN, FAACVPR;

Abdullah Alismail, MS, RCP, RRT-NPS, SDS

**PM SESSIONS: VENOUS THROMBOEMBOLISM AND ANTICOAGULATION**

1:00 – 1:40

**Update on the Non-VKA Oral Anticoagulants**

Darlene J. Elias, MD

1:40 – 2:20

**Determining the Appropriate Treatment Setting: Inpatient Versus Outpatient Management of VTE**

Timothy Fernandes, MD

2:20 – 2:40

**Break with Exhibitors**

2:40 – 3:20

**The Treatment of Massive and Sub-massive PE in 2016**

Victor Tapson, MD

3:20 – 4:00

**Duration of Anticoagulation: How to Assess the Risk of Bleeding Versus the Risk of Recurrent VTE**

Janine Vintch, MD

4:00 – 4:20

**Break with Exhibitors**

4:20 – 5:00

**VTE in Special Groups: Cancer, Pregnancy, and Pediatrics**

Timothy Morris, MD

5:00 – 5:10

**Closing Remarks and Post-Test**

Shazia Jamil, MD;

Philippe Montgrain, MD

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## COPD TODAY: A TEAM APPROACH Symposium Schedule Saturday, October 1st

7:30 – 8:00

**Registration/Exhibits**

8:00 – 8:15

**Welcome and Program Overview**

Angela C. C. Wang, MD;

Michael Madison, MBA, RRT, RCP

8:15 – 9:00

**Getting Up to Speed: A COPD Update 2016**

**Pathophysiology, GOLD Classification, Guidelines and Pharmacotherapy**

William Stringer, MD

9:00 – 9:45

**Exacerbation Management and Readmission Prevention**

Ni-Cheng Liang, MD

9:45 – 10:15

**Discharge Planning and Clinic Follow-Up**

Krystal Craddock, RRT-NPS, CCM

10:15 – 10:35

**Break with Exhibitors**

10:40 – 11:15

**Strategies to Manage Exacerbations and Improve Outcomes**

Vipul Jain, MD

11:15 – 12:40

**Multidisciplinary Panel**

Richard Ford, BS, RRT, FAARC; Christine

M. Garvey, FNP, MPA, MSN, FAACVPR;

Jessica Goggin, MAS, BSN, RN; George

Su, MD; Stephanie Tsao, MSN, RN, ANP-BC

Moderator: Michael Madison, MBA, RRT, RCP

12:40 – 1:40

**Lunch Break**

1:40 – 2:15

**Small Group Case Review and Discussions**

2:15 – 2:45

**Review case study as a group**

2:45 – 3:30

**COPD and Beyond: Perspectives in Pulmonary Rehabilitation**

Andrew Ries, MD

3:30 – 3:45

**Closing Comments**

# Continuing Medical Education Credits

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Thoracic Society and California Thoracic Society. The American Thoracic Society is accredited by the ACCME to provide continuing medical education for physicians.

The American Thoracic Society designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The California Thoracic Society (CTS) approved by the California Board of Registered Nursing, Provider Number CEP599, for 5.5\* Contact Hours.

This course meets the requirements for CE for RCPs in California.\*

\* for *COPD TODAY: A TEAM APPROACH Symposium participants*.

## Exhibiting Opportunities

Vendor companies interested in exhibiting, please refer to the CTS website [www.calthoracic.org](http://www.calthoracic.org) for more details including exhibit hours and exhibitor registration. You can also email [info@calthoracic.org](mailto:info@calthoracic.org) or contact 415.536.0287.

## Faculty

### Fall Symposium

- Abdullah Alismail, MS, RCP, RRT-NPS, SDS
- Darlene J. Elias, MD
- Timothy Fernandes, MD, MPH
- Christine M. Garvey, FNP, MPA, MSN, FAACVPR
- Eric Kezirian, MD, MPH
- Todd Morgan, DMD, ABDSM
- Timothy Morris, MD, FCCP
- Kathleen Sarmiento, MD, MPHTM
- Victor Tapson, MD, FCCP
- Janine Vintch, MD
- Carolyn Welsh, MD

### COPD Symposium

- Krystal Craddock, RRT-NPS, CCM
- Richard Ford, BS, RRT, FAARC
- Christine M. Garvey, FNP, MPA, MSN, FAACVPR
- Jessica Goggin, MAS, BSN, RN
- Vipul Jain, MD
- Ni-Cheng Liang, MD
- Michael Madison, MBA, RRT, RCP, CSRC President
- Andrew Ries, MD, MPH
- William Stringer, MD
- George Su, MD
- Stephanie Tsao, MSN, RN, ANP-BC

## CTS Conference Planning Committee

- Shazia Jamil, MD, FCCP, FAASM, CTS Education Committee Co-Chair
- Philippe Montgrain, MD, CTS Education Committee Co-Chair
- George Chaux, MD, FCCP
- Dan Crouch, MD
- Christine M. Garvey, FNP, MPA, MSN, FAACVPR
- Lorri Leard, MD
- Dan Lesser, MD
- Trina Limberg, BS, RRT, FAARC, MAACVPR
- Laren Tan, MD
- Angela C. C. Wang, MD, CTS President

# California Thoracic Society

# 2016 FALL SYMPOSIUM

## Sleep Apnea and Venous Thromboembolism

### COPD TODAY: A TEAM APPROACH SYMPOSIUM

## REGISTRATION FORM

Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Affiliation: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

### Registration Fees

	CTS Physician Member	Allied Health Professional & Senior Member	Non-Member Physician	Non-Member Allied Health Professional	Fellow
Fall Symposium	<input type="checkbox"/> \$250	<input type="checkbox"/> \$125	<input type="checkbox"/> \$295	<input type="checkbox"/> \$150	<input type="checkbox"/> \$50
COPD Symposium	<input type="checkbox"/> \$175	<input type="checkbox"/> \$125	<input type="checkbox"/> \$200	<input type="checkbox"/> \$150	<input type="checkbox"/> \$75

### Method of Payment

Check (Checks should be made payable to "CTS" and made in U.S. dollars, drawn on U.S. banks.)

Charge:  Visa  MasterCard  AMEX

Card #: \_\_\_\_\_ Exp: \_\_\_\_\_

Signature: \_\_\_\_\_

Cardholder Name (PLEASE PRINT CLEARLY): \_\_\_\_\_

Billing Address associated with card: \_\_\_\_\_

### Three Ways to Register:

1. **On-Line:** [www.calthoracic.org](http://www.calthoracic.org) (Visa/MC/AMEX)
2. **By FAX:** 415-764-4933 (Visa/MC/AMEX)
3. **By Mail:** CTS, 575 Market Street, Suite 2125, San Francisco, CA 94105 (Check/Visa/MC/AMEX)



It is very important to us that you enjoy CTS 2016 Fall Symposium. If due to a disability, you have special needs or requirements, please call 415-536-0287 and we will do our best to accommodate your needs.

### Cancellations

No refunds after September 16, 2016. Cancellations made prior to September 16, 2016 are subject to a 50% cancellation fee. Substitute attendees are permitted after September 16th.



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California Thoracic Society  
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