

California Thoracic Society 2015 Fall Symposium

Idiopathic Pulmonary Fibrosis and Pulmonary Hypertension: Advances in Diagnosis & Management



October 3, 2015

Cedars-Sinai Medical Center, Los Angeles, CA

Jointly Provided by :



CEDARS-SINAI®

WOMEN'S GUILD LUNG INSTITUTE

The goal of this jointly provided symposium is to gather experts, share best practices, discuss cases, and review the diagnosis and management of two challenging lung diseases. Idiopathic pulmonary fibrosis (IPF) is the most common interstitial lung disease seen in clinical practice, yet considerable uncertainty exists as to what the current criteria are for diagnosis. In addition, new evidence has emerged even since the 2011 American Thoracic Society Practice Guideline that affects the treatment strategy of patients with IPF. This includes the FDA approval of two new drugs for the treatment of IPF. Similarly, recent guidelines and evidence have changed the landscape of diagnosis and management in pulmonary hypertension (PH). The classification of PH was updated in 2013. Recent publications have simplified the approach to prognostication and follow-up, and several new oral/inhaled medications are available for the treatment of PH. Finally, confusion remains regarding the use of oxygen therapy and the role of lung transplantation in both these lung diseases. This symposium will address all of the above topics and more in an interactive setting, featuring lectures and lively group discussions.

Target Audience & Educational Objectives

A course for all who provide care for patients with lung disease, including (adult and pediatric) pulmonologists, critical care physicians, cardiologists, rheumatologists, trainees, nurse practitioners, nurses, physician assistants and respiratory care therapists.

- ▶ Avoid open lung biopsy in patients with high resolution chest CT showing a UIP pattern and a consistent clinical presentation
- ▶ Gain multidisciplinary input for establishing a diagnosis in patients in whom the diagnosis remains unclear after high resolution chest CT and surgical biopsy
- ▶ Avoid treating patients with IPF with treatments that were recently shown to be ineffective and potentially harmful
- ▶ Use the new FDA-approved IPF drugs in appropriate patients
- ▶ Refer appropriate IPF patients for lung transplantation in a timely manner
- ▶ Diagnose and appropriately categorize patients diagnosed with elevated pulmonary artery pressures, discuss updates from Fifth World Symposium held in 2013 in Nice, France, especially for Group 1, were proposed according to new data published in the last years
- ▶ Describe the role of and be able to obtain appropriate multidisciplinary input for establishing a specific diagnosis in patients in whom the diagnosis remains unclear after echocardiogram & other non-invasive testing
- ▶ Describe key prognostic variables in patients with newly diagnosed primary pulmonary hypertension using clinical, echocardiographic and right heart catheterization data and apply this information to guide treatment and follow up for patients with pulmonary hypertension
- ▶ Appropriately treat patients with Pulmonary Hypertension and be able to accurately distinguish between primary and secondary causes
- ▶ Appropriately prescribe new treatments with some evidence of benefit in selected patients and refer other patients for enrollment in clinical trials
- ▶ Identify advances in novel therapies for Pulmonary Hypertension
- ▶ Learn contraindication, side effects and follow up of patients who are initiated on these new medicines
- ▶ Describe the importance of the right ventricle in PAH and establish the optimal therapeutic approach to manage not only the effects of the disease on the pulmonary vasculature, but also to support and improve right ventricular function
- ▶ Describe the role of lung transplant in the management of patients with PAH, including indications and when to refer

Course Schedule

Saturday, October 3

Morning Moderator: **Philippe Montgrain, MD**, Conference Co-Chair

7:00 – 8:00 am	Continental Breakfast – Exhibit Hall Open
8:00 – 8:10 am	Welcome / Opening Remarks / Pre-Test Philippe Montgrain, MD , Conference Co-Chair
8:10 – 9:00 am	Approach to the Diagnosis of IPF Paul Noble, MD , Cedars-Sinai Medical Center
9:00 – 9:50 am	HRCT: Differentiating IPF from Other ILDs Alison Wilcox, MD , USC Keck School of Medicine
9:50 – 10:10 am	Break — Exhibits
10:10 – 11:00 am	Treating IPF in 2015: What is New? Paul Noble, MD , Cedars-Sinai Medical Center
11:00 – 11:45 am	What Can Childhood Interstitial Lung Disease Teach Us About Adult ILDs? James Hagood, MD , UC San Diego, Rady Children’s Hospital
11:45 – 12:00 pm	Break — Exhibits
12:00 – 12:45 pm	Multidisciplinary Lunchtime Panel Discussion George Chaux, MD; James Hagood, MD; Trina Limberg, BS, RRT; Paul Noble, MD; David Poch, MD; Alison Wilcox, MD
12:45 – 1:15 pm	Meet the Professors Roundtable Discussions All Faculty
1:15 – 1:30 pm	Break — Exhibits

Afternoon Moderator: **Shazia Jamil, MD**, Conference Co-Chair

1:30 – 2:20 pm	Diagnosis and Classification of Pulmonary Hypertension David Poch, MD , UC San Diego
2:20 – 3:00 pm	Lung Transplantation: Who to Refer, When to Refer and Post-Transplant Management George Chaux, MD , Cedars-Sinai Medical Center
3:00 – 3:30 pm	Break — Exhibits
3:30 – 4:20 pm	Treating Pulmonary Hypertension in 2015 David Poch, MD , UC San Diego
4:20 – 4:45 pm	Panel Discussion / Q&A Faculty & Course Directors
4:45 – 5:00 pm	Closing Remarks / Post-Test Shazia Jamil, MD , Conference Co-Chair

Multidisciplinary Luncheon and Meet the Professors Roundtable Discussions

You are invited to make the most of this educational activity by participating in lively and thought-provoking panel presentations, Q&A, and roundtable lunch discussions with the course faculty. They will discuss pearls in outpatient management and common challenges faced in their field of expertise. This is a great opportunity for smaller group discussion, debate and dialog in an informal, collegial setting.

Continuing Medical Education Credits

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Cedars-Sinai Medical Center and the California Thoracic Society. Cedars-Sinai Medical Center is accredited by the ACCME to provide continuing medical education for physicians.

Policy on Disclosure

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. Cedars-Sinai Medical Center assesses conflict of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

Credit Designation Statement

Cedars-Sinai Medical Center designates this live activity for a maximum of 8.0 *AMA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Credit

CTS has been approved by the California Board of Registered Nursing, Provider Number 599 for 8.0 hours.

Respiratory Care Practitioner Credit

This CTS course meets the requirements for CE for RCPs in California for 8.0 hours.

Faculty

George E. Chau, MD

Medical Director, Lung Transplant Program, Women's Guild Lung Institute; Assistant Clinical Professor of Medicine, Cedars-Sinai Medical Center, Division of Pulmonary and Critical Care Medicine

James S. Hagood, MD

Chief of Respiratory Medicine, Department of Pediatrics, UC San Diego, Rady Children's Hospital

Trina Limberg, BS, RRT, FAARC, MAACVPR

Director, Preventative Pulmonary and Rehabilitation Services, UC San Diego

Paul Noble, MD

Professor of Medicine, Chair, Department of Medicine, Cedars-Sinai Medical Center, Director, Women's Guild Lung Institute

David S. Poch, MD

Assistant Clinical Professor of Medicine, UC San Diego, Division Pulmonary and Critical Care Medicine

Alison G. Wilcox, MD, FSCCT

Associate Professor of Radiology and Internal Medicine, Section Chief-Cardiothoracic Imaging; Medical Director, Imaging, Keck Hospital of USC, Keck Medical Center of USC

Course Directors

George Chau, MD; Shazia Jamil, MD; Philippe Montgrain, MD

Planning Committee

Dan Crouch, MD; Christine M. Garvey, FNP, MSN, MP, FAACVPR; Angela C.C. Wang, MD

Exhibiting

Vendor companies interested in exhibiting, please refer to the CTS website www.calthoracic.org for more details including exhibit hours and exhibitor registration. You can also contact 415-536-0287 or email info@calthoracic.org.

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Registration Form

Name: _____ Degree: _____

Title: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____

Registration Fees

Saturday

- CTS Physician Member \$250
- NP/RT/Retired/Senior Member \$125
- Non-Member Physician \$295
- Non-Member, Non-Physician \$150
- Fellow \$50

* CTS members qualify for discounted registration rates. To join or renew membership, go to www.calthoracic.org, or call 415-536-0287

Cancellations

No refunds or cancellations after September 15, 2015. Substitute attendees are permitted after this date.

Payment

- Check Enclosed (made payable to "California Thoracic Society")

Credit Card: Visa MasterCard AMEX

Card #: _____ Exp: _____ / _____

Signature: _____

Mail completed form with payment to:

California Thoracic Society (CTS)
575 Market Street, Suite 2125
San Francisco, CA 94105
fax: 415-764-4933

Questions: Contact CTS, 415-536-0287 (phone),
info@calthoracic.org (email)



Register on-line at www.calthoracic.org

Hotel Reservations, Lodging & Parking

For a detailed list of hotels convenient to the medical center, please visit www.csmc.edu/visitors select Patient & Visitor Information from the left navigation bar and then select Lodging from the Los Angeles Area Resources section. The most convenient places to stay are the Sofitel Los Angeles 1-800-521-7772 and the SLS Hotel at Beverly Hills 310-247-0400. These hotels are within walking distance of medical center.

When making reservations at any of these hotels, please be sure to mention that you are attending a conference at Cedars-Sinai to ensure you are receiving the best current reservation rate.

Parking is available at the medical center in visitor parking lots P1, P2 (George Burns Road) or P4 (Sherbourne Drive). We are unable to validate for those parking in the Cedars-Sinai Medical Office Towers parking structures.