





# Southern California Symposium IDIOPATHIC PULMONARY FIBROSIS AND PULMONARY COMPLICATIONS OF SCLERODERMA

# Cedars-Sinai Medical Center

Harvey Morse Conference Center Plaza Level, South Tower 8701 Gracie Allen Drive Los Angeles, CA

**October 5, 2013** 

Jointly sponsored by Cedars-Sinai Medical Center and the California Thoracic Society

# **Course Description**

The goal of this jointly sponsored symposium is to gather experts, share best practices, current cases and discuss treatment and management of two, difficult-to-manage and related diseases. Both have seen recent, signficant changes in appropriate management.

**IDIOPATHIC PULMONARY FIBROSIS** is the most common interstitial lung disease, and its frequency is increasing. Most community based pulmonary physicians see new cases every year, but some of the key treatment recommendations have been invalidated by recently published studies, leaving pulmonary physicians without guidance on how to manage this condition.

**PULMONARY COMPLICATIONS OF SCLERODERMA** Pulmonary involvement is a frequent complication of rheumatoid arthritis, scleroderma, lupus and other collagen vascular diseases. In fact, for scleroderma it is one of the main causes of mortality. Patients with scleroderma develop both pulmonary hypertension requiring therapy and interstitial lung disease, which may also require treatment. Interestingly, different subgroups of patients seem to develop either pulmonary hypertension or interstitial lung disease.

## **Target Audience**

This symposium is designed for all who provide care for patients with lung diseases, including pulmonary and critical care medicine physicians, rheumatologists, pulmonary medicine trainees, advanced-practice nurses, and respiratory therapists.

# **Educational Objectives**

- Avoid open lung biopsy in patients with high resolution chest CT showing a UIP pattern and a clinical presentation consistent with IPF
- Gain multidisciplinary input for establishing a diagnosis in patients with whom the diagnosis remains unclear after high resolution chest CT and surgical biopsy
- Use the GAP system to prognosticate survival in patients with newly diagnosed idiopathic pulmonary fibrosis
- Develop an appropriate plan of pulmonary function testing and clinical/radiologic follow up for patients with idiopathic pulmonary fibrosis
- Avoid treating IPF patients with treatments that were until recently standard of care but which have now been shown to be ineffective
- Use new treatments with some evidence of benefit in selected patients and refer their other patients for enrollment in clinical trials
- Prescribe appropriate medical treatment for scleroderma related interstitial lung disease
- Identify the clinical course of untreated scleroderma lung disease
- Appropriately screen for scleroderma associated pulmonary hypertension
- Initiate appropriate therapy for scleroderma associated pulmonary hypertension
- Decide when to initiate therapy in patients with scleroderma associated interstitial lung disease
- Order appropriate tests to stratify a patient's risk for scleroderma associated interstitial lung disease

### **COURSE SCHEDULE**

Moderator: George Chaux, MD, Cedars-Sinai Medical Center & President, California Thoracic Society

#### **MORNING SESSION: IDIOPATHIC PULMONARY FIBROSIS**

8:00 – 8:15 am	Welcome & Pre-Test	
8:15 – 8:30 am	Case Presentation: Pulmonary Fellow from Cedars-Sinai	
8:30 – 8:40 am	Facilitate Audience Questions & Comments	
8:40 – 9:20 am	Making the Diagnosis of IPF Paul Noble, MD, Chairman, Department of Medicine, Cedars-Sinai Medical Center	
9:20 – 9:30 am	Discussion	
9:30 – 10:10 am	Prognostication and Follow Up in IPF Talmadge E. King, MD, Julius R. Krevans Professor and Chair, Department of Internal Medicine, UC San Francisco	
10:10 – 10:20 am	Discussion	
10:20 – 10:40 am	BREAK	
10:40 – 11:20 am	Treating Patients with IPF Joseph P. Lynch III, MD, Hickman Professor of Advanced Lung Disease and Transplantation, UCLA School of Medicine	
11:20 – 11:40 am	How Would You Treat this Patient? Panel Discussion	
11:40 – 11:55 am	Multidisciplinary Input for Patients with ILD via the Internet Pierre Theodore, MD, Van Auken Associate Professor, UCSF	
11:55 am – 12:00 pm	Post-Test	
12:00 – 12:45 pm	LUNCH and Fellows Job Fair	
12:45 – 1:45 pm	Round Table "Meet the Professors" Lunch Discussions	

#### AFTERNOON SESSION: PULMONARY INVOLVEMENT IN SCLERODERMA

1:55 – 2:10 pm	Pre-Test & Introduction	
2:10 – 2:25 pm	Case Presentation: Pulmonary Fellow from UCLA	
2:25 – 3:10 pm	Insights from the Scleroderma Lung Study Donald Tashkin, MD, Emeritus Professor of Medicine and PI, Scleroderma Lung Study, UCLA	
3:10 – 4:10 pm	Identifying and Treating Pulmonary Complications of Scleroderma and Rheumatoid Arthritis Rajan Saggar, MD, Divisions of Pulmonary/Critical Care and Rheumatology, UCLA	
4:10- 5:00 pm	Closing Discussion, Comments & Post-Test	
5:00 - 6:00 pm	Reception/Mixer	

#### Calling all Residents and Fellows!

Come attend the first-ever CTS Job Fair! Held during the extended lunch hour, this is a unique and rare opportunity to introduce third-year pulmonary fellows from local programs to practicing physicians who are looking to recruit new associates to their practices.

#### **Round Table "Meet the Professors" Lunch Discussions**

You are invited to make the most of this educational activity by participating in lively and thought-provoking round-table lunch discussions with the course faculty. This is a great opportunity for smaller group discussion, debate and dialog in an informal, collegial setting.

# **Faculty**

**George E. Chaux, MD**, Medical Director, Lung and Heart-Lung Transplant Program; Assistant Professor of Medicine, Cedars-Sinai Medical Center

**Talmadge E. King, MD**, Julius R. Krevans Professor and Chair, Department of Medicine, UC San Francisco

**Joseph P. Lynch III, MD**, Hickman Professor of Advanced Lung Disease and Transplantation, UCLA School of Medicine

**Paul Noble, MD**, Chairman, Department of Medicine, Cedars-Sinai Medical Center, Director, Women's Guild Lung Institute

Rajan Saggar, MD, Assistant Professor of Medicine, UCLA

**Donald Tashkin, MD**, Emeritus Professor of Medicine and PI, Scleroderma Lung Study, UCLA

Pierre Theodore, MD, Van Auken Assistant Professor, UCSF

# **Continuing Medical Education Credits**

#### **Accreditation Statement**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Cedars-Sinai Medical Center and the California Thoracic Society. Cedars-Sinai Medical Center is accredited by the ACCME to provide continuing medical education for physicians.

#### **Credit Designation Statement**

Cedars-Sinai Medical Center designates this live activity for a maximum of 7.75 AMA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Nursing Credit**

CTS has been approved by the California Board of Registered Nursing, Provider Number 599 for 7.75 hours.

#### **Respiratory Care Practitioner Credit**

This CTS course meets the requirements for CE for RCPs in California for 7.75 hours.

#### **Policy on Disclosure**

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. Cedars-Sinai Medical Center assesses conflict of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

#### **Hotel Reservations, Lodging and Parking**

The most convenient places to stay are the Sofitel Los Angeles (www.sofitel.com) and SLS Hotel at Beverly Hills (www.slshotels.com). These hotels are within walking distance of medical center. When making reservations, please mention that you are attending a conference at Cedars-Sinai to ensure you are receiving the best current reservation rate.

Complimentary self-parking is available at the medical center in the visitor parking lots P1, P2 (George Burns Road), or P4 (Sherbourne Drive). We are unable to validate for those parking in the Cedars-Sinai Medical Office Towers parking structures.

#### **Exhibiting**

Vendor companies interested in exhibiting, please refer to the CTS website **www.calthoracic.org** for more details including exhibit hours and exhibitor registration. You can also contact CTS at 415-536-0287 or email **info@calthoracic.org**.

# **REGISTRATION FORM**

## Southern California Symposium

# IDIOPATHIC PULMONARY FIBROSIS AND PULMONARY COMPLICATIONS OF SCLERODERMA

# **October 5, 2013**

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California Thoracic Society 575 Market Street, Suite 2125 San Francisco, CA 94105

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